

Presorted Standard  
ECRWSS  
U.S. Postage Paid  
Sunbury, PA  
17801  
Permit No. #17

### Understanding Culture Is Key To International Sales Success



If your firm wants to succeed in international markets, you must understand the culture in the market you are considering. That was the message from Pennsylvania's Authorized Trade Representatives at SEDA-COG's 13th Annual Central Pennsylvania International Trade Conference, held in State College last month.

"For instance," said Romain Balluais, the Trade Representative for France, "personal relationships matter a great deal in France and Spain, but are less important in the United Kingdom and Germany." As for succeeding in his country, Balluais suggests, "Learn to speak French."

While that may be beyond the skills of many businesspeople, knowledge of a country's buying habits, its likes and dislikes, can mean global sales success. Steven Zou represents Pennsylvania firms in China, which imports ice cream from Philadelphia. "Why?" asks Zou, "Because the Chinese prefer ice cream that's made in America."

Harley Davidson motorcycles are another example. Zou says they're very popular in China, in spite of their restricted use. "They're made in America, so people buy them and use them where they are allowed." Geopolitical differences aside, Zou says the Chinese think of Americans as "...very friendly. Americans are often surprised at the reception they get in China."

Vladimir Gololobov, Trade Representative for Saudi Arabia, cautioned companies to avoid preconceptions. "Many believe the economy is Saudi Arabia is strictly based on oil and petrochemicals," he said, "But as their economy diversifies, there's a growing market for knowledge-based services like medical equipment and education."

SEDA-COG's Trade Conference was attended by representatives from 32 companies who participated in 168 one-on-one meetings with Trade Representatives. One attendee found it to be "...a great forum to meet our state Trade Representatives on a personal level..." Another said, "The folks representing Pennsylvania in the various countries are top notch. Their professionalism and willingness to help is a blessing."

Based in 21 foreign nations, Pennsylvania's Authorized Trade Representatives actually cover 73 international markets:

**Based in - Covers the following international markets**  
United Arab - Arab Gulf: UAE, Bahrain, Kuwait, Oman, Qatar, Yemen  
Australia - Australia, New Zealand  
Brazil - Brazil  
Canada - Canada  
Chile - Chile  
China-Beijing - China; Industry Sectors: building materials, hardwoods, environmental products & services, & industrial machinery & equipment  
China-Shanghai - China; Industry Sectors: information technology/telecom; health care, including medical equipment, devices & services; power generation; & analytical/laboratory/process control  
Czech Republic - Belarus, Bulgaria, Croatia, Czech, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Russia, Serbia, Slovakia, Slovenia, Ukraine  
France - France  
Germany - Germany, Italy, Switzerland, Austria  
India - India  
Indonesia - Indonesia  
Israel - Middle East: Egypt, Greece, Israel, Jordan, Turkey  
Mexico - Mexico  
Netherlands - Netherlands, Belgium  
Saudi Arabia - Saudi Arabia  
Singapore - Singapore, Thailand, Malaysia, Vietnam, Indonesia, Philippines  
South Africa - Southern African Development Community (SADC) incl. Angola, Botswana, Democratic Republic of Congo, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Swaziland, Tanzania, Zambia and Zimbabwe  
South Korea - South Korea  
Taiwan - Taiwan  
UK - UK, Ireland, Denmark, Norway, Sweden, Finland  
Vietnam - Vietnam

Those who would like to learn more about SEDA-COG's Export Development services may contact Noelle Long, Program Director at 570-524-4491, e-mail nlong@seda-cog.org.

**Check Out The Family Dollar & Prevention Health Inserts in this Week's Paper!**

### M.A.M.M.A Seeks Donations for Veterans

Mifflinburg Area Military Moms Association in partnership with "Black Tie" a vocal ensemble from Mifflinburg, will travel to the VA Hospital in Wilkesbarre again this year, to sing Christmas carols and visit with residents. They are seeking the following donations to brighten the holidays for those veterans who live in the VA Hospital: New: Socks, undies and pajamas all sizes. Both genders, although the men outnumber the ladies by about 5-1. Travel sized personal hygiene products (NOT hotel freebies).

Donors may call for pick up at 847-3996 or leave a message at 966-3996. Donations may also be dropped off at Art of Living Design Studio on Walnut Street in Mifflinburg, Tuesdays thru Saturdays.

The Deadline is December

15th. If preferred, a financial contribution can be made and MAMMA will shop on behalf of the donor. To make a financial contribution, prepare a check payable to MAMMA, and mail it to 392 Grand Valley Road, Mifflinburg PA 17844. A written receipt will be sent immediately. Anyone who wishes to travel with the group to sing carols and visit the Veterans; should contact MAMMA. "This is such a worthwhile endeavor, the folks at the VA Hospital are truly grateful and we really enjoy the evening," said Annie Smith, who heads up the effort. "Every year we've done this, it has been extremely well received and we are delighted to be able to brighten the holidays for Veterans, it's the least we can do," she added.

### Every Woman Deserves to Look and Feel Her Best this Holiday Season

Treat yourself this holiday season by attending a "Look Good Feel Better" makeover workshop.

Women with cancer are invited to pamper themselves for the holidays by attending "Look Good Feel Better" from 10 am through 12 pm, Monday, December 3, 2012 at Evangelical Community Hospital Thyra M. Humphreys Center for Breast Health Community Health Education Center in Staples Plaza.

During Look Good Feel Better women will learn how to care for skin changes like loss of eyebrows and pigmentation, nail changes, and hair loss due to cancer treatment. Attendees will learn from trained cosmetology professionals, be with other women with cancer, and will receive a free gift bag filled with brand-name beauty products.

Pre-registration is required. Please call 1-800-227-2345 to register.

"Look Good Feel Better" (LGFB) is a national public service program created from the concept that if someone with cancer can be helped to look good, her improved self-esteem will help her to approach the disease and treatment with greater confidence. LGFB offers suggestions and advice on dealing with the appearance-related side effects of treatment through its Web sites, brochures and group programs offered nationwide. LGFB is a free, nonmedical, product-neutral program offered as a collaborative effort of the American Cancer Society, the Professional Beauty Association National Cosmetology Association, and Personal Care Products Council Foundation, a charitable organization supported by the cosmetic industry.

For information about "look good feel better", visit [www.lookgoodfeelbetter.org](http://www.lookgoodfeelbetter.org) or call 1-800-227-2345.

### Spell "B-I-N-G-O" with an "S-U-C-C-E-S-S"



Girls on the Run of the Greater Susquehanna Valley netted more than \$2,000 at its inaugural Vera Bingo and Super Sporty Basket Raffle on Sunday, Oct. 14 at the Selingsgrove VFW.

More than 70 community members were in attendance, along with organization members and the very young people reached in the afterschool program, held in the Lewisburg, Middle-West, Mifflinburg and Selingsgrove school districts.

Many people went home smiling with fancy bags, cool sporting goods and other items and one of many door prizes handed out. The girls did a great job delivering the prizes to the bingo players at their seats.

Many thank yous go out to our host, the Selingsgrove VFW, and our numerous sponsors, including: Alexander Ford, Aubrey Alexander Toyota, Central PA Chamber of Commerce, Crystal Holistic Health Consulting, Earl's Bike Shop, Emma's Food for Life, English Garden, Foss Jewelers, Greater Susquehanna Valley YMCA, Caryn Hamm, Island Mechanical, Jeanne Bon-tomase of Tastefully Simple, Light Barn, Middlecreek Area Community Center, Dean Picarella, Playworld, PPL, Ricki Stringfellow, Cheryl Stumpf, Susquehanna Bank, Swim Shop, Vargo Outdoors, Kristen Weber, Wendt's Pork Palace, Wood Mode.

Also sharing her time with GOTR that afternoon was the new National Mrs. Pennsylvania 2013, Ariane Davis of Selingsgrove. She intends to support Girls on the Run of the Greater Susquehanna Valley throughout her reign.

Girls on the Run of the Greater Susquehanna Valley netted more than \$2,000 at its inaugural Vera Bingo and Super Sporty Basket Raffle on Sunday, Oct. 14 at the Selingsgrove VFW.

More than 70 community members were in attendance, along with organization members and the very young people reached in the afterschool program, held in the Lewisburg, Middle-West, Mifflinburg and Selingsgrove school districts.

Many people went home smiling with fancy bags, cool sporting goods and other items and one of many door prizes handed out. The girls did a great job delivering the prizes to the bingo players at their seats.

Many thank yous go out to our host, the Selingsgrove VFW, and our numerous sponsors, including: Alexander Ford, Aubrey Alexander Toyota, Central PA Chamber of Commerce, Crystal Holistic Health Consulting, Earl's Bike Shop, Emma's Food for Life, English Garden, Foss Jewelers, Greater Susquehanna Valley YMCA, Caryn Hamm, Island Mechanical, Jeanne Bon-tomase of Tastefully Simple, Light Barn, Middlecreek Area Community Center, Dean Picarella, Playworld, PPL, Ricki Stringfellow, Cheryl Stumpf, Susquehanna Bank, Swim Shop, Vargo Outdoors, Kristen Weber, Wendt's Pork Palace, Wood Mode.

Also sharing her time with GOTR that afternoon was the new National Mrs. Pennsylvania 2013, Ariane Davis of Selingsgrove. She intends to support Girls on the Run of the Greater Susquehanna Valley throughout her reign.

### Kovacs Celebrates Her 102 Year Life



Grace Kovacs, in the middle of the front row is holding a Happy Birthday sign, turned 102 on November 15. She is the same 100 year old lady who tasted the bear at the "Wild Dinner" in Mifflinburg. Here she is surrounded by some of her friends of Penns Creek Adult Resource in the back row from left to right: Phyllis Moyer, Grace Benfer, Frances Stover, Paul Martin, Elaine Noll, Tom Kurtz, Melissa Garcia, Carolyn Landis,

Dianna Hassinger, Bob Hassinger, Gladys Swartzlander, Rita Brunson. In the front row, left to right: Lois Fausey, Esther Specht, Kim Hunter, Romayne Kline and Mary Moon. Her lovely cake was provided by her daughter Joan Peterson. We are so happy to have her among us, still helping as we need her and participating as much as she can 2 - 3 times a week. What an inspiration to the rest of us!

### Area Red Cross Adds More Drop Off Sites For Holiday Mail For Heroes Program

The American Red Cross has added the following locations for members of the public to contribute greeting cards for the Military as part of the Holiday Mail for Heroes program. The public is invited, and asked to donate new, unused Holiday Greeting cards to be sent to service men and women serving around the world as well as to those in Veterans' hospitals and nursing homes in our community. Cards can be dropped off at the SUN Area Red Cross building at 249 Farley Circle, Lewisburg as well as at the following banks in clearly marked drop off boxes.

All branches of: Mifflinburg Bank and Trust Co., Jersey Shore State Bank, Northwest Savings Bank, Milton Savings & Loan, First Citizens Community Bank, First National Bank, Northumberland National Bank, Woodlands Bank and West Milton State Bank.

On Monday, December 3, from 10 a.m.-2 p.m., a card signing and open house will be held at the Chapter in Lew-

isburg where persons may come in and enjoy light refreshments while they write messages of thanks and good wishes in the cards prior to their distribution. Homemade cards are always appreciated, but the Red Cross asks that cards remain glitter free. Envelopes are not necessary. For more information about this and other Red Cross programs please visit [www.redcross.org/Centralpa](http://www.redcross.org/Centralpa) or call us at 524-0400 Ext: 1602 or 1606 Friend us on Facebook at <http://www.facebook.com/pages/SUN-Area-American-Red-Cross>.

The American Red Cross is a humanitarian organization led by volunteers that provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies. All American Red Cross disaster assistance is free, made possible by voluntary donations of time and money from caring individuals and, in part, by contributions given through the United Way.

### Union County Farm Bureau Elects New Officers

LaVere Hook has been elected President of the Union County Farm Bureau.

The farm bureau's board met to re-organize and also named the following additional officers: Gary Pflieger as Vice President; Mike Platt as Treasurer; and Susan Hauck as Secretary, and Guy Temple as County Information Director.

The following will be the delegates to the Pennsylvania Farm Bureau Annual meeting: LaVere Hook, Gary Pflieger, John Walter, Curt Falck, Mike Platt and Guy Temple will attend as alternates.

The Union County Farm Bureau is a voluntary organization that works to advance the interests of agriculture and rural communities. It offers numerous benefits and services to its members, and affiliated with the Pennsylvania Farm Bureau and the American Farm Bureau Federation.

**ATTORNEY**

**MICHAEL D. SUDERS**  
"Your First Call"  
**966-3360**

## LEAN, MEAN UTILITY MACHINE

OWN THIS LEAN, MEAN, UTILITY MACHINE TODAY

TRACTOR WITH LOADER PACKAGE

**\$3,100 CASH BACK\*** OR **0% FINANCING FOR UP TO 72Months\***

**HOVER TRACTOR** **866-235-7359**  
11715 OLD TURNPIKE ROAD, MIFFLINBURG, PA 17844

\*Offers available October 1, 2012 - November 30, 2012. Rebates and/or financing based on the purchase of eligible equipment defined in promotional program. Financing subject to credit approval. Cannot be combined with any other offer. Some restrictions apply. All amounts are reflected in USD. Some customers will not qualify. Offer valid only at participating Dealers. See your dealer for more details.

**BROOKSIDE BIKES**

600 Conley Rd., Mifflinburg, PA 17844  
(570) 966-3879

**Christmas Sale**  
Nov. 26 until Christmas

\*Clearance Prices on all 2012 bikes 10% to 25% OFF!  
\*Select Accessories on Sale

IN MIFFLINBURG: Turn North at Mifflinburg Pharmacy onto Forest Hill Road, 3 Miles to Conley Road (turn right), 1 mile to Bike Shop.

Authorized Raleigh & Fuji Dealer

Hours: Mon., Tues., Thurs., Fri. 8-8 Sat. 8-3, Wed. & Sunday Closed

**Reiff's**  
Off Rt. 45 at Vicksburg  
966-2451  
[www.ReiffsNursery.com](http://www.ReiffsNursery.com)  
NEW SUMMER HOURS  
Mon.-Sat. 8am-5pm;  
Closed Sundays

Now is the best time to plant!!!!

Fall Bulbs  
Tulips  
Daffodils  
Hyacinths  
ect.

Trees  
**40% OFF**  
Shrubs  
**50% OFF**

Now is the best time to plant!!!!

**Potted Christmas Trees!**

Many Other Items, Pots, Etc. 50% OFF



# Community Calendar

**Club 39**  
 Club 39 meets every Wednesday from 2-4 p.m. in the Government Building, at 347 Chestnut St., in Mifflinburg. November 28: Birthdays- Fun and Games. November 29: Dinner out at Hoss's Restaurant at 5 p.m. Dec. 5: Business-Program Fred Keller from 2-4 p.m. Dec. 12: Bingo from 2-4 p.m. Dec. 13: Breakfast at 8:30 a.m. at the Old Turnpike Restaurant, in Mifflinburg. Dec. 14: Christmas Party at 5 p.m. at Carriage Corner, in Mifflinburg. Call 966-2745 to make reservations by Dec. 7. Dec. 19: Program Harry Apfelbaum from 2-4 p.m. Dec. 26: No Meeting.

**Historical Society**  
 Max Bingham, of Bingham Lumber, will present a program covering the history of timbering in Snyder County on Tuesday, November 27, at 7:30 p.m. in the Fisher Auditorium, on the second floor of the society building at 30 East Market Street, in Middleburg. The auditorium is handicapped accessible.

**Union County Muzzleloaders**  
 Sunday, December 2: "Silhouettes Shoot". Registration time is 9 a.m. to 2 p.m. No in lines, open sites only. Lunch and beverage will be available. Contact persons: Mark Wehr, President at 966-2304 and Cliff Bowersox, V.P. at 922-4885.

**Musical Program**  
 Encounter Revival Ministries will present a musical program and message at the Mifflinburg Alliance Church on Sunday, December 2, during the 10:30 a.m. worship service. The public is invited to attend. The church is located 1.2 miles north of Route 45, off of Forest Hill Road. For more information, call the church office at 570-966-4899.

**A Day with the Grinch**  
 Join the Lewisburg Sunset Rotary Club for A Day With The Grinch on Saturday, December 1, beginning with breakfast from 8 a.m. - 11 a.m. at Parkview Catering, South 6th Street, in Lewisburg. Followed by a Book Reading from 11 a.m. - 1 p.m. at Barnes & Noble and a free showing of How the Grinch Stole Christmas by Dr. Seuss at 4 p.m. at the Campus Theatre. Sponsored by the Campus Theatre, Puirseil's Irish Pub and Barnes & Noble. Please bring a non-perishable food donation to benefit the Union County Food Bank.

**Hand Crafted Items Sale**  
 The Susquehanna Valley Spinners & Weavers Guild will not hold a regular meeting this month. They will be selling their one of a kind beautiful hand crafted items during the Christkindel Market on Dec. 6, 7 & 8 at the Historic Gutelius House.

**Dance**  
 The Countryside Contra Dancers welcome everyone to celebrate the season with us at the Contra dance on December 8, at the Donald Heiter Community Center, at 100 N 5th Street, in Lewisburg. The dance begins at 7:30 p.m. with a review for newcomers, and continues until 10:30 p.m. Calling this month is Terry Bachmann, and providing lively music is Total Hip Replacement. For more information call Betsy or Jeff at 524-2104 or http://www.lewisburgcontra.com.

**Christmas Bazaar**  
 A Christmas Bazaar will be held at the Emmanuel United Church of Christ, on Market and Vine Streets, in New Berlin, on Saturday, December 8, at 8 a.m.

**Homemade Beef Vegetable Soup Sale**  
 A Homemade Beef Vegetable Soup Sale will be held at the West End Senior Action Center, on 1724 State Route 235, in Laurelton. Call at 922-4848 to order.

**Concert**  
 The Skyline Boys, a Southern Gospel Group from Manassas, VA, will be in concert on Sunday, December 9, at 6 p.m. at the Mifflinburg Alliance Church. The concert is free and open to the public. A freewill offering will be taken. The church is located 1.2 miles north of Route 45, off of Forest Hill Road, near Mifflinburg. For more information, call the church office at 570-966-4899.

**Concert**  
 Buffalo Valley Singers and the Buffalo Valley Brass will perform a Christmas concert entitled "Love Came Down" on Saturday, December 15, at 7:30 p.m. and Sunday, December 16, at 3 p.m. at St. John's United Church of Christ, at 1050 Buffalo Rd., in Lewisburg. Admission is charged at the door.

**NOTE TO READERS**  
 To place events in the calendar please send them at least three weeks before the event so that we can get it in at least twice before the event. The deadline for events is MONDAY BY 12 NOON! The calendar goes by space available. Send, Fax or Email us your event. Address: P.O. Box 356, Middleburg, PA 17842. Fax: 837-0776. Email: scuc@ptd.net Thank you!!

## Chubb's Auction Prices

The following items were sold on **Thursday, November 15, 2012**  
 Clover & Timothy: \$200 per ton; Grass Hay: \$115 to \$150 per ton; First Cut Orchard Grass: \$150 per ton; Mixed Hay: \$175 per ton; Rye Straw: \$125 per large round bale.

**RISHEL'S MEATS**  
 STOP & SEE US AT THE MIDDLEBURG AUCTION ON TUESDAYS AND THE LEWISBURG MARKET ON WEDNESDAYS!  
 701 Walnut Street, Mifflinburg, PA  
 Store Hours: Mon. - Thurs. 8-5; Fri. 8-6; Sat. 8-4  
 Phone - 966-0611 Ken Rishel, Owner  
 (in store only)!!

**EVERYDAY LOW PRICES!!**  
 Sharp Cheese..... \$5.99 lb.  
 New York Strip Steaks..... \$9.99 lb.  
 Oven Ready Ham Loaf..... \$3.69 lb.

**Beef - Pork - Chicken**  
 All Cut Fresh Daily In Store!

**Did you capture a news worthy photo?**  
 If you capture a photo that you think we could use in our publication, email it to us with relevant information and we will consider it for publication.  
 Email to: scuc@ptd.net

**Advertising Specialty Products**  
**GRG**  
**Green Ridge Graphics**  
 skilled screen printing  
 East of Mifflinburg Off of Route 45  
 we do 4-color process printing  
**570-966-2621** Full Art Department

## Police

**STATE POLICE, MILTON**  
**Retail Theft, Theft by Deception** Between 10:52 a.m. - 11:24 a.m. October 23, at Walmart, in Kelly Township. Lia Corrine Hoffman, 25, of New Columbia, entered Walmart where she stole retail merchandise totaling \$114.10. Hoffman returned to the parking lot where the stolen merchandise was divided between Gabriel Lee Rearick, 26, of Milton and Ernest William Reynolds, 26, of Watsonstown. Rearick and Reynolds entered Walmart and proceeded to the service desk where they returned the stolen items in exchange for gift cards. Hoffman, Rearick and Reynolds were charged with retail theft and theft by deception.

**Criminal Mischief** Between 4:10 p.m. - 4:20 p.m. November 16, along Grand Valley Road, in West Buffalo Township. The last row bottom window on the right side of a 2005 school bus was apparently struck by an object causing the window to shatter. No students were seated near the window when it occurred and no one was injured. The damage is estimated at \$100.

**DUI** 5:16 p.m. November 17, on SR 45, a half mile east of Sheesley Run Road, in Hartley Township. Cathy Vermillion, 53, of Coburn, PA, was observed operating a 2002 Buick Rendezvous on the roadway in an erratic manner, causing a crash. After further investigation, Vermillion was taken into custody for suspicion of DUI. Charges are pending BAC Results.

## Courts

**Deeds:**  
 Mary Jane Wagner & Gregory A. Wagner, Scott A. Wagner, Jo Wagner, Brian A. Wagner, Sharon L. Wagner to Wagner Trust Gregory A. Wagner & Brian A. Wagner property in Union Township for the sum of \$1,000.  
 John E. Schnure & Linda M. Schnure to Schnure Trust & Kellys, McLaughlin 3 properties in West Buffalo Township & Mifflinburg for the sum of \$1,000.

Mifflinburg OIP & Vito Mazzamuto & Salvatore Mazzamuto to Brady E. Brosious & Teresa K. Brosious property in Buffalo Township for the sum of \$45,000.00.  
 Kevin M. Smith & Kathy L. Smith to Kevin M. Smith property in White Deer Township for the sum of \$1,000.

Carl J. Young & Cara B. Young to Richard A. Diehl & Kelly L. Diehl property in Mifflinburg Borough for the sum of \$97,000.00.  
 David F. Eisenhuth & Jennifer L. Eisenhuth to Tanner F. Walter & Caitlin M. Brosious property in Lewis Township for the sum of \$150,000.00.

Gregory B. Harrison & Paula C. Harrison to Gregory B. Harrison property in East Buffalo Township for the sum of \$1,000.  
 Janet M. Pursel & Mahlon R. Pentz & Karen Elizabeth Pentz to Timothy L. Hock & Gwen E. Hock property in White Deer Township for the sum of \$90,000.00.

Pearl M. Geyer & Roy R. Geyer Living Trust to Deborah C. Whitney & Adam M. Whitney property in White Deer Township for the sum of \$70,000.00.  
 Roger L. Hoffman & Fran E. Hoffman to 535 Inc. property in Lewisburg Borough for the sum of \$410,000.00.

Samantha A. Beachy & Benjamin M. Beachy & Carol A. Beachy to Samantha A. Beachy property in Mifflinburg for the sum of \$1,000.  
 Wildflower Village Asso. & Susquehanna Valley Development Group Inc, to Salvatore Mazzamuto & Anna Mazzamuto 2 properties in Buffalo Township for the sum of 182,000.00 Each.

Ruth E. Wirth to Robert W. Wirth property in West Buffalo Township for the sum of \$1,000.  
 Bruce Fisher to Melvin L. Schlegel Jr. & Jodi L. Schlegel property in Hartley Township for the sum of \$117,500.00.  
 Ronald W. Gruneberg & Debra A. Gruneberg to Charles Lynn Blough Jr. & Lorriane Cameron Blough property in Union Township for the sum of \$280,000.00.

Charlotte R. Liggett to Laurie A. Gargano property in East Buffalo Township for the sum of \$187,500.00.  
 Gary L. Ball III & Laura A. Ball to Eric H. Bradigan & Kristina D. Bradigan property in Kelly Township for the sum of \$158,000.00.

Keith E. Forney & Connie M. Forney to Larry S. Bieber II property in Greg Township for the sum of \$70,000.00.  
 VFW Home Asso. to Ritzcraft Corp. of Pa. Inc. property in West Buffalo Township for the sum of \$24,120.00.  
 Yoder Zimmerman Home Asso. to Ritzcraft Corp. of Pa. Inc. property in Limestone Township for the sum of \$220,000.00.

Marion G. Stephens & John W. Stephens to Catherine J. Davis property in Lewisburg Borough for the sum of \$130,000.00.

**Divorce Decrees:**  
 Melissa J. Myer, Mifflinburg from Jacob S. Myer, Mifflinburg they were married for 9 years.  
 Aimee M. Krouse, Lewisburg from Paul R. Naton, Lewisburg they were married for 13 years.

**Marriage Licenses:**  
 Matthew Stephen Walter, Mifflinburg to Nicole Renee Keister, Mifflinburg  
 Matthew Howard Moyer, Lewisburg to Erin Rae Baker, Lewisburg

**DISTRICT JUDGE LEO ARMBRUSTER, LEWISBURG**  
**Charged** Matthew David Umbleby, 34, of Hollidaysburg, with 2 counts of driving under the influence, driving while operating privilege is suspended or revoked, driving on roadways laned for traffic and careless driving on November 13. A preliminary hearing is scheduled for December 20, at 8:30 a.m.

**Charged** Joshua Afrodicci Overton, 18, of Milton, with simple assault, harassment and disorderly conduct on November 13. A preliminary hearing is scheduled for January 24, 2013, at 8:30 a.m.

**Charged** Alexa Leigh Keating, 49, of Woodbury, NY, with 3 counts of driving under the influence of alcohol or controlled substance, stop sign & yield signs, minor prohibited from operating with any alcohol in system, and purchase, consumption, possession or transported of liquor or malt or brewed beverages on November 14.

**Charged** William Edward-Leroy Bardole, 44, of New Columbia, with murder, 2 counts aggravated assault, terroristic threats, prohibited offensive weapon, recklessly endangering another person and simple assault on November 15.

**DISTRICT JUDGE JEFFREY L. MENSCH, MIFFLINBURG**  
**Charged** Christopher Perse Hafer, 19, of Mifflinburg, with 2 counts of harassment on November 16. A preliminary hearing is scheduled for December 18, at 2:30 p.m.

**Merry Christmas!**  
**\$25 box includes:**  
 - 1.25 pounds Baby Swiss  
 - 1 pound Sharp Cheddar  
 - 1 pound JF Martin Bologna  
 - Snyder's of Hanover pretzels  
 - Local artisan crackers  
 - Purity Candy Chocolate  
 Much better value than Hickory Farms boxes!  
 100% locally sourced products  
 Open Mon.-Fri. 8-4:30  
**PENN CHEESE CORPORATION**  
 7199 County Line Road, Winfield • 5 min. from Rt. 15 taking Rt. 304  
 West to County Line Road on Left. ¼ mile on left on County Line Road.  
**(570) 524-7700**  
 www.PennCheese.com

## PA Lottery Results

**Results for 11/13/12**  
 Daily Number (Mid-day): 8 5 8  
 Daily Number (Evening): 0 0 1  
 Daily Number Double Draw (Evening): 7 2 6  
 Big4 (Mid-day): 0 0 4 6  
 Big4 (Evening): 0 9 0 4  
 Quinto (Mid-day): 9 1 4 0 7  
 Quinto (Evening): 6 7 4 2 0  
 Treasure Hunt: 03 15 16 17 22  
 CASH 5: 13 20 22 27 38  
 Powerball: 08 10 30 44 58  
 PB: 13

**Results for 11/14/12**  
 Daily Number (Mid-day): 5 3 2  
 Daily Number (Evening): 4 6 4  
 Big4 (Mid-day): 3 3 5 0  
 Big4 (Evening): 3 5 3 9  
 Quinto (Mid-day): 2 8 1 2 9  
 Quinto (Evening): 5 5 7 4 3  
 Treasure Hunt: 02 05 18 19 22  
 CASH 5: 05 10 24 31 39  
 Match 6: 09 10 13 29 40 48  
**Results for 11/15/12**  
 Daily Number (Mid-day): 3 8 7  
 Daily Number (Evening): 3 2 9  
 Big4 (Mid-day): 5 3 2 1  
 Big4 (Evening): 8 2 9 3  
 Quinto (Mid-day): 5 7 1 1 2  
 Quinto (Evening): 6 4 8 1 4  
 Treasure Hunt: 03 06 12 17 27  
 CASH 5: 05 18 19 20 37  
 Mega Millions: 05 24 26 29 53

MB: 36  
 MP: 04  
**Results for 11/16/12**  
 Daily Number (Mid-day): 1 2 6  
 Daily Number Double Draw (Mid-day): 9 1 2  
 Daily Number (Evening): 7 0 7  
 Big4 (Mid-day): 6 7 8 7  
 Big4 (Evening): 9 3 6 5  
 Quinto (Mid-day): 5 0 4 4 7  
 Quinto (Evening): 7 8 1 9 3  
 Treasure Hunt: 02 08 22 24 28  
 CASH 5: 05 19 22 31 41  
 Powerball: 03 15 27 58 59  
 PB: 20  
**Results for 11/17/12**  
 Daily Number (Mid-day): 7 6 4  
 Daily Number (Evening): 2 4 2  
 Big4 (Mid-day): 6 3 6 0  
 Big4 (Evening): 6 4 2 8  
 Quinto (Mid-day): 5 7 0 6 8  
 Quinto (Evening): 8 9 7 2 5  
 Treasure Hunt: 01 03 25 26 30  
 CASH 5: 03 26 34 39 42  
**Results for 11/18/12**  
 Daily Number (Mid-day): 4 1 1  
 Daily Number (Evening): 7 0 5  
 Big4 (Mid-day): 4 6 5 8  
 Big4 (Evening): 2 3 1 2  
 Quinto (Mid-day): 2 4 2 3 2  
 Quinto (Evening): 8 6 8 1 5  
 Treasure Hunt: 19 21 24 25 27  
 CASH 5: 13 17 27 29 43  
 Match 6: 02 09 13 27 39 43

## PA Dutch Life & Culture

We've already celebrated Thanksgiving, but I'd like to share a poem by Charles Calvin Ziegler and used in a column by "The Old Professor."

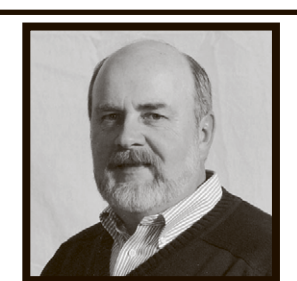
### THANKSGIVING

To whom are we beholden our thanks for clothes, our coming and going and especially for the turkey?  
 To Daddy, who gets the food;  
 To Mommy who mends his pants and knits woolen socks and gloves;  
 To the children, our troubles and joys;  
 To the maid, the smartest of all girls, who goes diligently through all the work;  
 To all the relatives and friends from whose faces shines the love that unites man with man.  
 What would the world be worth without friends?  
 To the forefathers who came over the sea and fought for freedom and righteousness,  
 Not only for their own benefit but also for us all at all times.  
 (Continued next week)

### And in Dutch:

#### DER DANKSAAGUNGSDAAG

Wem sinner schuldich unser Dank fer Gleeder, Heemet, Umgang froh un baddich fer den Tarreki do?  
 Em Daadi, der es Essach grickt;  
 Der Mammi, die sei Hosse flickt un wollni Schtrimp un Henschtrickt;  
 De Kinner, unser Druwwel un Frehd;  
 Der Maad, die schmaertscht vun all de meed, ass fleissich darrich die Aerwet geht;  
 All de Verwand, un de Freind aus denne ihre Gsichder schein die Lieb ass Mensch mit Mensch vereint.  
 Was waer die Welt waert unne Friend?  
 De Vorvedder, ass kumme sin iwver der See un gschtridde hen fer Freiheit un Gerechdichkeit,  
 Net yuscht fer ihre eegne Gwinn awwer aa fer uns alli Zeit.  
 (Continued next week)  
 (Used with permission from A PENNSYLVANIA DUTCH YEAR by Earl C. Haag)  
 Do you have any PA Dutch poems tucked away somewhere? I'd love to read them! Perhaps even some that you or your ancestors wrote?? Do send them to me... Jean Markley Keiser, 1133 Carolina Ave., West Chester, PA 19380 bjkaiser@verizon.net



Dwight W. Runkle  
 Owner/Agent

**For all your insurance needs.**  
 Home • Auto • Commercial  
 Specializing in Farms, Country Property & Cabins

Goodville Mutual  
 Runkle Agency, LLC  
 102 Forest Hill Rd.  
 Mifflinburg, PA 17844  
 drunkle@djazzd.com  
 Office: 570-966-6103  
 Fax 570-966-6104

**WANTED**  
 Your Unwanted Vehicle  
 Old • New • Wrecked  
 Instant Cash  
 Toll Free  
**1-866-748-7042**

**©1997 Snyder/Union County Times, Inc.**  
 405 East Main Street, Middleburg, Pa. 17842  
 Telephone: 570-837-6065 Fax: 570-837-0776  
 Email: scuc@ptd.net  
 Hours: Monday, Tuesday, & Wednesday 8-4  
 Publisher/Owner: Susan Weaver  
 In-Office Staff: Angela Brouse, Valerie Hollenbach & Jessica Whipple  
 Advertising Staff: Brian Sheeler & Donnie Hackenberg  
 Editor: Honey Hipple

The Union & New Berlin Gazette were merged to become the Union Times in 1822 and this was the start of the Union County Times. Standard postage paid at Post Office, Middleburg, PA 17842. Send all address changes to Snyder County Times, Inc., P.O. Box 356, Middleburg, PA 17842.  
**Subscription Rates:** Businesses \$31.00 in county, residents \$36.00 out of county, \$45.00 out of state, \$55.00 out of country, News stand 50 cents.  
**Submission policy:** The Snyder County Times reserves the right to reject or revise any copy which considers objectionable, either because said copy is not keeping with usual newspaper standards of propriety or for any other reason deemed material by the Publisher. In any event, the advertiser or advertiser's agency assumes liability for the content of all advertising copy printed and agrees to hold harmless from all claims arising there for made against the Snyder County Times or its subsidiary publication. Publisher is not responsible for copy omission, typographical errors, or any unintentional errors that may occur in advertisement. Liability of Publisher is limited to only amount of space consumed by such error. All advertising accepted on this basis. All submissions must include the sender's name, address and daytime telephone number.  
**Deadlines:** Articles and Display advertisements must be submitted by 12 noon Wednesday to be considered for publication. Community Events must be submitted by 12 noon Monday. There will be no exceptions to this rule.  
**Photographs:** Snyder County Times Inc. is not responsible for the safe return of any photograph. Photographs submitted can be picked up at the newspaper office or sent back with a self-addressed envelope with a stamp.  
**Articles:** Snyder County Times Inc. reserves the right to accept, reject and edit all submitted articles. To be considered for publication, articles must include the sender's name, address and a daytime telephone number. The Snyder County Times is not responsible for errors due to hand written copy. Articles will be printed on a First Come First Serve Basis.  
**Emails:** Snyder County Times Inc. reserves the right to accept, reject and edit all submitted articles. To be considered all emails MUST include the sender's name, address, a daytime telephone number, and a subject line. The Snyder County Times is not responsible for typographical errors in emails.  
 We mail to over 15,000 households in Snyder County and over 9,000 in Union County. Opinions are not necessarily the same view of the Newspaper or Management.  
 Member of the Pennsylvania Newspaper Publishers Association.



**Michael D. Harold, 67, Lewisburg**  
 LEWISBURG — Michael D. Harold, 67, of 141 Willowbrook Blvd., passed away at his home Tuesday morning, Nov. 13, 2012.

Funeral services will be private at the convenience of the family.

**Margaret K. (Dotterer) Seebold, 98, Lewisburg**  
 LEWISBURG — Margaret Kathryn (Dotterer) Seebold, 98, a resident of Rhodessmere at Buffalo Valley Lutheran Village for the past year and a half, formerly of Route 304, Mifflinburg, entered into rest at 1:15 p.m. Wednesday, Nov. 14, 2012, at Buffalo Valley Lutheran Village.

Funeral services were conducted at 2 p.m. Saturday, November 17, at the Emmanuel United Church of Christ, 326 Market St., New Berlin, with the Rev. Dawn Marie Meier, officiating.

Burial was in the New Berlin Cemetery.

**Trevor J. Heimbach, infant, Winfield,**  
 WINFIELD — Trevor Jordan Heimbach, son of Kyle R. and April D. (Beaver) Heimbach, 1902 N. Hill Drive, was stillborn on Friday, Nov. 16, 2012, at Evangelical Community Hospital, Lewisburg.

Private graveside services was conducted in Glendale Cemetery, Middleburg.

**Lena G. Szutowicz, 94, Lewisburg**  
 LEWISBURG — Lena G. Szutowicz, 94, of 900 Hardscrabble Lane, died, Friday, Nov. 16, 2012, at RiverWoods, Lewisburg.

A graveside service were held privately and at the convenience of the family in Highland Cemetery.

**Ernest L. "Ernie" Hoffman, 81, Mifflinburg**  
 MIFFLINBURG — Ernest Leroy "Ernie" Hoffman, 81, of 1065 Red Bank Road, entered into rest on Monday afternoon, Nov. 19, 2012, at Evangelical Community Hospital, Lewisburg.

Family and friends are welcome from 10 to 11 a.m. Saturday, November 24, at the Hillside Bible Church, 1650 Centennial Road, Mifflinburg, where the funeral will be conducted at 11 with the Rev. Ryan T. Henderson, officiating.

Burial will be in the Hillside Bible Church Cemetery, with military honors by the Mifflinburg American Legion Post 410.

## Physicians Mutual Offers Assistance During the Medicare Annual Enrollment Period in Pennsylvania

Physicians Mutual Insurance Company, a leading provider in health, life, and retirement insurance products, will help provide consumer education for Pennsylvanians during the Medicare Annual Enrollment Period that runs from October 15, 2012 through December 7, 2012.

To help consumers with questions about Medicare's Annual Enrollment Period and Medicare Supplement options, the company offers Personal Pennsylvania Medicare Advisors who can provide free information over the phone.

With more 1.9 million people in Pennsylvania who are eligible for Medicare\*, Physicians Mutual's Medicare Supplement plans give people an affordable option to consider.

"Understanding the Medicare Annual Enrollment Period and choosing the right coverage can be difficult for people, but at Physicians Mutual we want to make things as easy as possible so consumers can make the best choice based on their individual needs," said Physicians Mutual Vice President Mike Carstens.

With more than 40 years in the Medicare Supplement insurance market, Physicians Mutual offers affordable Medicare Supplement coverage that helps fill the gaps with Medicare and decreases their out-of-pocket expenses. In addition, individuals don't have to switch doctors or worry about their policy being canceled.

To learn more about Medicare and Medicare Supplement visit [www.PhysiciansMutual.com/Medicare](http://www.PhysiciansMutual.com/Medicare).

## Walter Receives 2012 Volunteer Of The Year Award

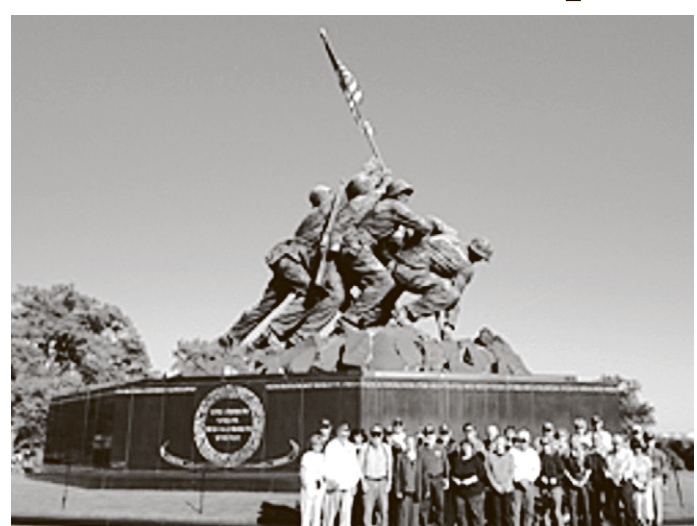


**Kylie Kuhns, founder of Kelsey's Dream, presenting Hannah with the award.**

Hannah Walter, a junior at Mifflinburg High School, was named Kelsey's Dream 2012 Volunteer of the Year. Hannah was the perfect candidate for this year because of her dedication and constant willingness to jump in to a job when things don't go as planned. She assisted with the Garden Tea Party, the setup for Kelsey's Fall Festival, and holiday luncheons.

As Captain of the Mifflinburg Girls' Soccer team, Hannah was able to rally and organize the group of girls in running the Cake Wheel at Kelsey's Fall Festival this year. She coordinated who would bake the treats, and when each girl would volunteer. When Hannah's Food Power Class was ahead of their curriculum, it was Hannah who suggested that the class dedicate some time to baking 15 dozen cookies for the Cake Wheel. She provided the teacher with all of the materials and the class got all of the baking done. Without Hannah thinking quickly on her feet, always keeping us in mind and spreading the word about our volunteer needs, jobs like these wouldn't be done! Thank you, Hannah.

## War Memorial Trip



On Monday, October 22, 2012, 35 area Veterans and helpers traveled to Washington, D.C. They toured the WWII, Korean War and Vietnam War Memorials. They also visited the Marine Corps Memorial at Arlington National Cemetery as pictured. The trip was sponsored by the American Legion Post 182 of Lewisburg, PA.

## Shippensburg University

The following students are recipients of a scholarship at Shippensburg University.

Seth T. Young, son of Mr. and Mrs. David Young of Lewisburg, received the Dr. Jane H. Ehemann Scholarship. He is a 2012 graduate of Lewisburg Area High School and is a junior majoring in geo-environmental science.

## Evangelical Community Hospital Welcomes New Pulmonologist Specializing in Respiratory Conditions



Evangelical Community Hospital welcomes Neerja Gulati, MD, a new Pulmonologist at Evangelical Internal Medicine. Pulmonology is the subspecialty of internal medicine that addresses diseases of the lungs and bronchial tubes, which often involves evaluation of the upper respiratory tract (nose, pharynx, and throat) as well as the heart.

Dr. Gulati is specially trained in the diagnosis and treatment of diseases and conditions of the chest, such as pneumonia, tuberculosis, or complicated

chest infections.

Dr. Gulati treats the most common lung diseases including chronic obstructive pulmonary disease (COPD) and asthma. COPD in its two main forms, emphysema and chronic bronchitis, make it difficult to breathe with emphysema posing a more serious long-term destruction of the lungs. Asthma is a disorder that causes the airways of the lungs to narrow, leading to wheezing, shortness of breath, chest tightness, and coughing.

She is board certified in Internal Medicine, and completed a Fellowship in Pulmonary Medicine at Interfaith Medical Center in Brooklyn, NY.

Dr. Gulati is accepting new patients at Evangelical Internal Medicine, located at Three Hospital Drive, Lewisburg. For more information, call (570)524-4141 or ask your primary physician for a patient referral.

## Moore Wins First At 4-H Horse Show in Two Classes



On October 26, thirteen year old Holly Moore an Eighth grade Lewisburg Middle School student won two first place ribbons in the Production Classes at the State 4-H Horse Show at the Farm Show Complex in Harrisburg, PA. Holly's first Blue ribbon was in the Palomino Colt of The Year class for showing Jacks Keystone Kid. Her second Blue Ribbon was in the Quarter Horse Filly of The Year class for showing Justafire Tumbleweed. Holly also placed eleventh in the state riding Zippy in Pony Raised Box Keyhole with a time of 11.043 seconds.



On Sunday, October 28th 2012, American Legion, Kratzer-Dull Post 182, in Lewisburg hosted the 18th District Legion Meeting. Pictured are Bernard Halvorsen, 18th District Commander (on the left), and Lewisburg Post 182 Commander Richard Chalmers. The American Legion supports veteran's programs, as well as community, youth, and educational programs.

## PEER Graduation Celebration



Participating in the graduation ceremony were: PEER graduates (seated left to right): Florence Houseknecht, Donna Slear, Travis Joy, Sandra Stahl, and Janice Metzger. Standing (left to right): Sara Shambach, Ombudsman Supervisor at Union-Snyder Agency on Aging; Holly Kyle, Executive Director of the Union-Snyder Agency on Aging; Tammy Speece, Elmcroft of Lewisburg Administrator; and Amy Foster, PEER Trainer at Union-Snyder Agency on Aging.

Elmcroft of Lewisburg, a Senior Living Community, recently celebrated the accomplishments of five residents who completed the Pennsylvania PEER Ombudsman Program. These residents voluntarily attended five training sessions, lead by the Union-Snyder Agency on Aging, Inc., and learned how to advocate for the rights of all residents living in the Elmcroft community. In addition to learning self-advocacy skills, the PEERs were also trained in conflict-resolution and confidentiality issues. To honor their commitment and achievement, the Union-Snyder Agency on Aging, along with Elmcroft of Lewisburg, hosted a graduation celebration for the PEERs on October 19, 2012.

**McClellan's Tree Farm LLC**  
 Christmas Trees, Wreaths, Roping  
 Douglas, Concolor, Fraser

---

**\$ 1.00 off for each \$10.00 of purchase**

---

**1209 New Berlin Hwy. Middleburg, PA 17842**  
[mcclellanstreefarm.com](http://mcclellanstreefarm.com)  
 Redeem this coupon for discount

Mon.—Fri. 10:00—5:30	Saturday 9:00—4:30
Sunday 12:00—4:30	1 ¼ miles from Middleburg

# BUSINESS DIRECTORY

**Sewing Machines**

**HOEVER'S**  
**BERNINA SEW LLC**

Hours:  
 Mon., Wed. & Thurs. - 9am-4pm;  
 Tue. & Fri. - 9am-8pm;  
 Sat. - 9am-3pm

**966-3822**

2282 Beaver Road  
 Mifflinburg, PA 17844

**LAWN & GARDEN**

**LAWN & GARDEN CENTER**

402 Main Street  
 Hartleton, PA 17845

**COUNTRY CLIPPER**  
*First With Innovations That Last*  
 ZERO TURN MOWERS

GARDEN SEEDS & SUPPLIES  
**570-922-4302**

**Door Service**

**America's Favorite Garage Doors**

Residential & Commercial Sales & Service

**BUFFALO VALLEY DOOR SERVICE**

Along Rt. 104 S. Mifflinburg, PA 17844  
 570-966-4064

**Signs**

WE STICK TO IT...  
**POTOESKI DECAL SERVICE**  
 RT. 45 Millmont, PA  
**(570) 922-3361**  
[www.westicktoit.com](http://www.westicktoit.com)

- Truck Lettering • Quality Banners
- Magnetic Signs • Window Graphics • Custom Stripes • Job Site Signs
- Custom Labels • Vehicles Wraps
- Building Letters • Gift Certificates

**Remove & Install**

**Auto Repair**

**White Spring Repair**  
 (570) 966-9241

- Starters
- Alternators
- Generators
- Batteries • Cables

Rebuilding Starters, Generators, Alternators, Electrical System Analysis

1 mile S. of Mifflinburg

**Appliance Repair**

**PEACHEY'S Appliance Repair**

WE FIX:  
 Washers, Dryers, Dishwashers, Ranges, Refrigerators, Freezers

For Service Call:  
**(570) 966-3322**  
 For Parts Call:  
**1-877-382-4936**

**Quilting**

**Paulette's Quilting Place**

**Long Arm Quilting Custom Quilting**

2608 Red Bank Road  
 Middleburg, PA 17842

From Rt. 104, turn right on Red Bank Road and go 1/4 miles to the brown barn on the left at Redcourt Lane!

**539-8402**

**Vinyl Products**

Curvin Martin

5141 Produce Road  
 Port Trevorton, PA 17864

**VINYL/ALUMINUM:**

- Railing ▪ Fencing
- Screen Doors
- Vinyl Decking



# Legals & Classifieds

## LEGALS

### NOTICE OF ADMINISTRATRIX

ESTATE OF JACOB D. PARKES, also known as JACOB DAVID PARKES, late of East Buffalo Township, County of Union and Commonwealth of Pennsylvania, Deceased Notice is hereby given that Letters of Administration in the above estate have been granted to the undersigned, to which all persons owing said estate are requested to make payment and those having claims or demands against it to make known the same without delay.

Melissa E. Parkes Miller  
1824 Salem Church Road  
Lewisburg, PA 17837

Anthony J. Grieco, Esquire  
ELION, WAYNE, GRIECO, CARLUCCI, SHIPMAN, DINGES & DINGES, P.C.  
125 East Third Street  
Williamsport, PA 17701

## CLASSIFIEDS

### Help Wanted

Drivers: w/Flatbed exp. Excellent Wages, Top 25% of fleet earn over \$65,000 Top 50% over \$57,000. Excellent Benefits. Newer Trucks, Rider program. Safety Bonus, Home Weekends CDL-A 2yrs. exp. P&S Transportation 877-660-1663 x367

Drivers: Home Weekends. 0.44 cpm NE Dedicated. Chromed out trucks w/APU's. 70% Drop & Hook CDL-A, 6mos Exp. (888) 247-4037.

Drivers: Tractor Trailer. Owner Ops in Harrisburg. Excellent money per mile plus fuel. Paid tolls using EZPASS, Home Daily, Sign on Bonus. up to \$5000.00 paid in 10 weeks. Lease Purchase Available. CDL Class A Req. 888-399-5856.

**NIPPLE CONVALESCENT HOME**  
100 S. Front St., Liverpool  
immediate openings

### FULL-TIME ACTIVITY DIRECTOR

in a long term care facility, must be a Qualified Activity Professional

Call 717-444-3413 for details  
Weekdays from 8:00 a.m.-4:00 p.m. and ask for Sally

Rolling Hills Manor is in search of dedicated and compassionate individuals to compliment our RN Supervisory Staff. Part time and PRN positions are available. If you want to make a difference in the lives of our geriatric Residents, please consider Rolling Hills Manor. We are a small 57 bed facility - our Staff knows our Residents!! We focus on quality of care for our Residents. While long term care experience is preferred, we will train the right individual(s). We provide an excellent benefit package. Sign on bonus! If you are looking to make a change in career, work part time, or supplement your income, please call Deborah Hall at (570) 922-3351, email your resume dhall@rollinghillsmanor.com, or fax your resume to (570) 922-3391. We are looking forward to speaking to you and sharing more about employment at Rolling Hills Manor.

### For Sale

For Sale: desk 4 drawers, oak, \$200. Call (570) 837-3513.

For Sale: Butcher hogs, raised on bedding with all natural feed. 300 pounds plus

each. Can deliver to your butcher. Call (717) 435-3467.

For Sale: Brand new solid pine twin over full bunk bed, medium honey color, 82% in long, 68 in high, and 58 1/2 in wide, \$485; brand new solid pine twin over twin bunk bed, ready to finish \$299, 80 in long, 68 in high, and 42 1/4 in wide. Call (570) 490-4283.

For Sale: Gray louvered vinyl shutters. They can be painted any color. 5 pairs @ 14" x 25"; 2 pairs @ 14" x 29"; and 1 pair @ 14" x 71". Call (570) 837-3371.

For Sale: Harley Davidson classic youth helmet, black, like new \$45; Fly racing youth helmet, like new, color-blues \$45; Cuisinart Classic stainless design 12-cup coffee maker \$40; industrial wet/dry shop vac, 20 gallon \$25; axes/shovels/forks \$4-18; kerosene heater: black, 7000(?) btu \$15, 18,000 btu \$45; metal, cream formica kitchen table w/4chairs \$60; gray metal shelving units, approx 5 ft. \$25; sm. wooden chest of four drawers \$45; coffee & end table, oak dropleaf \$100; sliding glass tub/shower door, new, fits opening 55 1/2" x 57 1/4" \$100; 6 ft. wooden step ladder \$10; oak wash stand or sideboard re-finished \$199; white metal storage cabinet, 2-door, h-60, w-22 d -11 \$35; single/twin maple bed frame \$20; microwave/convection oven \$25; #22 Enterprise grinder on board \$35. Call (570) 837-3564.

For Sale: 2000 Chevy Silverado LS 1500 Z71 Extended Cab Automatic Loaded Rear Window Defroster Hard Shell Tahoe Cover Excellent Condition Mileage 172339, \$8400. Call (570) 837-1559.

For Sale: Toro 3HP Snow blower, 18" cut, like new condition, \$50. Call (570) 966-9893.

For Sale: Frigidaire Self cleaning oven, 30" free standing range, white \$125; Maytag, under counter dishwasher, white \$75; Emerson, 1.0 cubic foot microwave oven, white \$25. Call (570) 743-7237.

For sale: 1 large computer desk with top shelf and cabinet, \$60; 1 Lifestyle 2000 exercise bicycle with various settings, \$100; 1 padded top card table and 4 padded chairs, \$55; 1 winterwhite long coat with mink collar size 16 \$20. Call (570) 524-0730.

### For Rent

For Rent: 1 bedroom house in Beaver-town. Garage, small utility shed, water & sewer included. \$575 per month. No pets. Call (570) 898-2320.

For Rent: 1 bedroom apartments, includes water/sewer, heat and garbage. Laundry available. Located in Penns Creek for disabled or over 50 yrs. old. \$575 per month. Call (570) 716-3372.

For Rent: 500 sq. ft. office space available in Mifflinburg. \$400 per month, includes garbage, water & sewer. Call (570) 716-3372.

### Yard Sale

Garage and Barn Sale: Corner of Hummel/Yoder and Old Stage Road, McClure, on November 23 & 24, from 8 a.m.-4 p.m.

### Services Offered

Carpenter - Handy man. 30+ Years Experience. Need a Fix It, Repair It, or Replace It. Remodeling? No job too small. Call Larry (570) 922-0407 OR (717) 989-8235.

# Coronary Heart Disease Hospitalization Drops Significantly for Seniors, Stats Reveal

By Joe DeLauter from the Home Instead Senior Care® office serving Central Pennsylvania.

Q. For generations, heart disease has been part of our family history, so my father has become almost fatalistic as he has aged. He's 83 and doesn't believe there's really any reason to continue to take his cholesterol medicine. I've tried to tell him that medication does matter. I wish I could encourage him more, but I just can't show up at his house every day.

Tell Dad it's a proven fact that steps toward better heart health will work at any age. In fact - thanks to healthier lifestyles and medications - the rate of hospitalization for serious coronary heart disease among seniors age 75 to 84 has declined by 46 percent from 2000 to 2010, according to a recent report from the National Hospital Discharge Survey. Moreover, the Centers for Disease Control and Prevention reports that from 2000 to 2010, the rate of hospitalization for coronary heart disease declined by 43 percent for the total population. Rates declined by:

- 42 percent for the youngest, those under 65 years;
- 50 percent for those aged 65 to 74 years;
- 46 percent for those aged 75 to 84 years; and
- 42 percent for the oldest, those aged 85 and older.

Last year, the Centers for Disease Control and the Centers for Medicare & Medicaid Services launched Million Hearts, an initiative to prevent one million heart attacks and strokes during the next five years.

The initiative strives to empower Americans to make healthy choices and improve care for people, focusing on aspirin for people at risk, blood pressure control, cholesterol management and smoking cessation.

More than two million heart attacks and strokes occur every year, and treatment for these conditions and other vascular diseases account for about one of every six health-care dollars. Up to 20 percent of deaths from heart attack and 13 percent of deaths from stroke are attributable to diabetes or pre-diabetes.

Here's another option for your father. Your local Home Instead Senior Care® office can help Dad stay on course with medication reminders and meal preparation, especially when you can't be there.

For more information about Home Instead Senior Care®, contact Joe DeLauter at 866-522-6533 or go to [www.homeinstead.com](http://www.homeinstead.com). To learn more about the study, go to <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6123a5.htm>. For more information on Million Hearts, visit <http://millionhearts.hhs.gov>. The Home Instead Senior Care network's 2012 Family Caregiver Support Web Seminar Series features monthly seminars for family caregivers on a variety of topics that can help them care for their aging loved ones. Learn more about the topics and preregister at [Caregiverstress.com/familyeducation](http://Caregiverstress.com/familyeducation)

Star Hollow Candle Co. presents...  
An evening of candlelight...  
Friday Night Preview  
Featuring Shade Mtn. Grinch Grog & Appetizers Giveaways & Specials  
HOLIDAY OPEN HOUSE  
Nov. 30 6pm-9pm  
Dec. 1 10am-6pm  
Dec. 2 10am-6pm  
93 Bickel Rd (off Rt. 104) Middleburg  
837-3850 [starhollow.com](http://starhollow.com)

# Research: Middle-Age Fitness Leads to Lower Risk of Senior Health Problems

By Joe DeLauter from the Home Instead Senior Care® office serving Central Pennsylvania.

Q. My 85-year-old mother recently consented to using a professional caregiver for cleaning, cooking and other chores to remain in her home, so the search will begin. But on that memorable day, she pointed a finger at my kind-of-plump sister and said, "You'll have to have a caregiver a lot sooner than I do unless you knock off the sweet rolls and start getting some exercise." I had to suppress a chuckle, but then I wondered if Mom was right. What's your take?

Mom may know what she's talking about. Fitness in middle age points to fewer chronic health problems in later life, according to the study. Even those who had stayed fit and died in old age seemed to have fewer chronic ailments as they neared death.

This fascinating study involved Medicare patients and was published in Online First by Archives of Internal Medicine. The study consisted of 14,726 healthy men and 3,944 healthy women with an average age of 49 when they began; median follow-up was 26 years. Eight chronic conditions were used for the analysis: congestive heart failure, ischemic heart disease, stroke, diabetes mellitus, chronic obstructive pulmonary disease, chronic kidney disease, Alzheimer's disease and colon or lung cancer.

"Higher fitness measured in midlife was strongly associated with a lower incidence of chronic conditions decades later," said authors, who also suggested a moderate increase in fitness may mean a reduction in chronic conditions in older age. Among those who died, researchers noted that higher midlife fitness appeared to be more strongly associated with a delay in the development of chronic conditions than with survival.

Before Mom gets too cocky about her fitness knowledge, remind her that it's never too late to strive for better health. The Home Instead Senior Care website [GetMomMoving.com](http://GetMomMoving.com) features ideas and resources that can keep your mother in the game of life as long as possible.

A professional caregiver is a great option as well. To learn more about caregiving services and ways to ensure you're working with a credible company, contact Home Instead Senior Care®.

For more information about Home Instead Senior Care®, contact Joe DeLauter at 866-522-6533 or go to [www.homeinstead.com](http://www.homeinstead.com). To read more about the study, visit <http://www.cooperinstitute.org/pub/news.cfm?id=134>. The Home Instead Senior Care network's 2012 Family Caregiver Support Web Seminar Series features monthly seminars for family caregivers on a variety of topics that can help them care for their aging loved ones. Learn more about the topics and preregister at [Caregiverstress.com/familyeducation](http://Caregiverstress.com/familyeducation).

# Red Wine - Minus the Alcohol - Helps Reduce Blood Pressure, Study Finds

By Joe DeLauter from the Home Instead Senior Care® office serving Central Pennsylvania

Q. Uncle George says he has reached 87 by drinking three glasses of white wine each day. First, I've heard that red wine is healthier but, aside from that, I think the alcohol content and sugar that he's consuming doesn't help his efforts to keep his blood pressure in a safe range. I'm also not certain he's eating properly. What could I say to help without hurting his feelings?

According to recent research, Uncle George could still get the same enjoyment from his daily habit without the risk if he's willing to compromise. A recent study found that men with high risk for heart disease had lower blood pressure after drinking nonalcoholic red wine every day for four weeks. But the study in the American Heart Association journal Circulation Research revealed that red wine with alcohol does not perform as well in lowering blood pressure.

Nonalcoholic red wine increased participants' levels of nitric oxide, which helped decrease systolic and diastolic blood pressure, researchers said. Nitric oxide is a molecule in the body that helps blood vessels relax and allows more blood to reach the heart and organs.

Researchers concluded that the alcohol in red wine weakens its ability to lower blood pressure. Polyphenol - still present after alcohol is removed from wine - is likely the beneficial element in wine. Polyphenol is an antioxidant that has been found to decrease blood pressure.

The research reviews are mixed. According to other medical sources, men might benefit from consuming one to two servings of wine per day, with a serving consisting of four ounces. In those who consume three or more servings per day, though, there is an increased risk for elevated serum triglycerides (fat in the bloodstream). Long-term, excessive alcohol consumption can damage nerve cells, the liver and the pancreas. Uncle George's doctor should be the final word.

Some seniors drink because they are lonely. So here's one more suggestion for Uncle George: A Home Instead CAREGiverSM could be a friendly face and provide an extra hand at home to keep him on track. CAREGivers are screened, trained, bonded and insured, and make a difference in the lives of older adults each day.

For more information about Home Instead Senior Care®, contact Joe DeLauter at 866-522-6533 or go to [www.homeinstead.com](http://www.homeinstead.com). To learn more about the study, visit <http://newsroom.heart.org/pr/aha/non-alcoholic-red-wine-may-help-238090.aspx>. The Home Instead Senior Care network's 2012 Family Caregiver Support Web Seminar Series features monthly seminars for family caregivers on a variety of topics that can help them care for their aging loved ones. Learn more about the topics and preregister at [Caregiverstress.com/familyeducation](http://Caregiverstress.com/familyeducation).

# Wondering where your loved ones obituary is?

Call us to place the full obituary in for only \$30.

Full obituaries with photo only \$40.

**Call (570) 837-6065**

or tell your funeral director to send the information to us!

We are the only newspaper to cover the whole county not just the limited circularization of the daily newspaper.

# DINING GUIDE

**Union County Sportsmen Club**  
922-1128  
PUBLIC WELCOME!  
Mon. & Tues. - Closed  
Wednesday - Medium 1 Topping Pizza & Pitcher of Beer or Soda \$9.00  
Thursday - Hot Roast Beef Sandwich w/ Fries \$6.50  
Friday - All You Can Eat Assorted Seafood Buffet \$12.25 (4:30 - 8:30)  
**Saturday, November 24**  
Liver & Onion \$10.25  
Fried Oysters \$12.95  
**Sunday, November 25**  
Liver & Onion \$10.25  
Fried Oysters \$12.95  
Closed Thanksgiving Day  
Bar Hours: Wed., Thurs. 11am-9pm; Fri. & Sat. 11am-11pm; Sun. 11am-9pm  
Dining Room Hours: Fri. & Sat. 4:30pm-8:30pm; Sun. 11am-8pm

\*\*\*\*\*  
**FLICKERS CAFE**  
OPEN DAILY 7AM-2PM  
\*\*\*\*\*  
**Daily Specials 11/23-11/29**  
\* Friday: Club Wrap w/ Side \$6.99  
\* Soup: Cooks Choice  
\* Saturday: Chicken Fingers & Fries \$5.99  
\* Soup: Loaded Potato  
\* Sunday: AYCE Pumpkin Pancakes or Pumpkin French Toast \$3.99  
\* **ALL WEEK HUNTER SPECIAL!**  
\* 2 Meats, 2 Eggs, Homefries, Toast & Coffee \$4.99  
\* Monday: Soup & Side Salad \$3.99  
\* Tuesday: 6oz Plain Jane Burger & Fries Only \$5  
\* Wednesday: Club Sandwich & Side \$6.49  
\* Soup: Chili  
\* Thursday: Omelet, Toast, Coffee 4.99  
\* OPEN AT 4 AM 1ST WEEK OF BUCK SEASON!!  
\* Star Hollow Candle Co. & Flickers Cafe  
\* 570-837-3850  
\* 93 Bickel Rd. Middleburg  
\* [www.starhollow.com](http://www.starhollow.com)  
\* Open 10 am - 6 pm  
\* Breakfast at 7 am  
\*\*\*\*\*

**Country Tavern**  
Steak & Seafood  
Route 104, Middleburg • 570-837-7501  
**Sunday Buffet**  
10:30 a.m. to 2 p.m.  
**Chicken, Beef, Pork & Sauerkraut, Vegetable, Stuffing, Rolls, Dessert, Soda & Coffee**  
Lunch Buffet Monday Thru Friday 11 am - 2:30 pm  
Monday & Thursday - Wing Buffet  
Tuesday - Sirloin Steak or Fish Sand Basket  
Wednesday - Black Diamond Steak or AYCE Haddock Nuggets  
Friday & Saturday - Seafood Buffet

**MIFFLINBURG VFW Post 1964**  
Rt. 45, Mifflinburg, PA 17844  
Phone: (570) 966-9254  
Mon.-Closed Tues. - Thurs. 2-11; Fri. & Sat. 12 - 2; Sun. 1-?  
**November 23 • 10-1**  
**Faded Daze**  
**November 30 • 9-1**  
**Harry's Sound**  
**December 2 • 4-7**  
**Now & Then**  
**December 7 • 10-1**  
**Armed & Ready**  
Bands: \$5.00 Cover Charge Non Members  
**Wings Every Thursday**  
5-8 • 14 Flavors  
For More Info Call 966-9254

**Street of Shops Restaurant**  
**Friday Specials**  
Baked Seafood Combo  
**Haddock, Shrimp and Scallops**  
(With two Sides) **\$11.99**  
**Prime Rib**  
(With two Sides) **\$12.99**  
**Crabcakes**  
(Premium lump crabmeat) **\$10.99**  
Mon. - Thurs. 7am - 3pm • Fri. 6am - 8pm  
Sat. & Sun. 6am - 4pm  
SHOPS OPEN FRIDAY EVENINGS  
100 N. WATER ST., LEWISBURG, PA • 570-523-0420

**Lewisburg American Legion Post 182**  
125 Buffalo Rd., Lewisburg  
(570) 524-7479  
Wed Special Dozen Wings \$4.75 4 - 9 PM  
Kitchen opens for lunch Thursday & Friday 11 AM  
**Lunch Specials Weekly**  
**Friday Night Special**  
**FISH FRY \$8.95**  
11 AM - 8 PM  
Plus Regular Friday Menu  
Breakfast every Sunday 8am-11am  
Full Breakfast Menu  
2nd and Last Sunday of each month is a Breakfast Buffet  
\$2 Off Buffet for Seniors 60 and older  
**OPEN TO PUBLIC**

**MIFFLINBURG MOOSE**  
437 Chestnut St. Mifflinburg  
**966-2022**  
Hours: Mon. - Thurs. 3:30 - 11 PM; Fri. & Sat. 3:30-12 AM  
**Dinner Specials**  
5:00 PM - 8:00 PM  
**November 23**  
Open Menu  
**November 30**  
Fish Fry  
Levi 7-10  
**December 7**  
Meatloaf  
**December 8**  
Children's Christmas Party 11-1  
Every Mon. Wings  
Every Tuesday Taco's 5-8  
Every Wed. Hotdogs or Hamburger

**MIFFLINBURG LEGION POST 410**  
320 Chestnut St., Mifflinburg  
Phone: (570) 966-1301  
**Specials**  
Haddock Every Friday \$9.00  
**Friday, Nov. 23**  
Roast Beef & Filling \$9.00  
T-Bone \$11.25  
DJ Licious 9-?  
**Friday, Nov. 30**  
Ham Loaf \$9.00  
Black Diamond \$11.75  
Will Bill 9-?

**MICKEY'S & OIL BURNER SERVICES HEATING**  
Cleanings, Maintenance, Repairs and Installations  
35+ years of experience  
**570.522.9997**  
PROMPT PROFESSIONAL SERVICE  
SERVING YOUR AREA  
PA Reg.#025842 DESIGN BY: NH ART 570.966.3267

**FOR SALE**  
**Driving Horses**  
I usually keep several on hand.  
**REASONABLY PRICED**  
**LOUIS PEACHEY JR.**  
**REBERSBURG, PA**  
**814-349-8693**

**ZIMMERMAN'S**  
We Do Deer Processing  
**Custom Butchering**  
Homemade Ring Bologna  
**Phone: 966-2441**  
Wed.-Fri. 9-5:30, Sat. 8:30-12  
2 mi. East of New Berlin, On Rt. 304 & Corner of Little Mexico Rd.



# Gordon Wins Race, Keselowski Is Champ

By Gerald Hodges/the Racing Reporter

HOMESTEAD, Fla.—Jeff Gordon and his team used perfect pit strategy, which allowed him to win his second Cup race of the season, as he held off Clint Bowyer in Sunday's Ford 400 Cup race.

"I knew we had a great race car, but I didn't know if we had a winning one," said Gordon. "But we played the race strategy just right. This was certainly a positive end to our season."

Ryan Newman, Kyle Busch, Greg Biffle, Martin Truex, Aric Almirola, Kevin Harvick, Kurt Busch, and Dale Earnhardt Jr. were the remaining top-10 finishers.

While Gordon was celebrating in victory lane, his teammate Jimmie Johnson was congratulating Brad Keselowski, the 2012 Sprint Cup champion.

Johnson pitted on Lap 214 for fuel and tires. He pulled away from his stall with a loose lug nut, and NASCAR brought him back in to correct the error.

The race really went south for Johnson on lap 224 of the 267-lap race, when a gear in the rear-end of his No. 48 Chevrolet failed. His team pushed the car to the garage, where it sat for the rest of the race.

"It was just racing," said Johnson. "Something happened. I'm so proud of my team. They gave it their all. We had great racing all year long, and we're already looking forward to next season."

Johnson went into the final race of the season 20 points behind Keselowski, but Clint Bowyer edged him for second by one point, and Johnson wound up third in the championship hunt, 40 points behind Keselowski.

The win was the first NASCAR title in 40 years for car owner Roger Penske.

Keselowski, son of a Michigan racer convinced Penske his No. 2 team could be a winner. After just three years, they held the Sprint Cup trophy together at Homestead-Miami Speedway following Keselowski's 15th-place finish Sunday night.

"It's been a great season," said Penske. "I just take my hat off to all these guys. We went all season without an engine failure. To accomplish something like this, you have to work hard, and these guys did."

Keselowski started off as a brash young driver for Dale Earnhardt Jr.'s Nationwide Series team. He was unapologetic for his aggressive driving and his refusal to back down in long-running feuds with Cup drivers Denny Hamlin and Carl Edwards.

"I'm not big enough or fast enough to do this by myself, but with the whole team, I'm all of that," said Keselowski. "I've got the best team around."

"Jimmie is the best and it took a tremendous effort to win."

Final top-15 Chase leaders: 1. Keselowski-2400, 2. Bowyer-2361, 3. Johnson-2360, 4. Kahne-2345, 5. Biffle-2332, 6. Hamlin-2329, 7. Kenseth-2324, 8. Harvick-2321, 9. Stewart-2311, 10. Gordon-2303, 11. Truex-2299, 12. Earnhardt-2245, 13. Kyle Busch-1133, 14. Newman-1051, 15. Edwards-1030.

## SMITH TAKES HOMESTEAD NATIONWIDE RACE

Regan Smith won Saturday night's Homestead Nationwide race in his first series start in five years, beating polesitter Kyle Busch to the finish line by 1.375 seconds.

"It didn't hurt that I had a fast race car from the start, so I didn't have to worry about a lot of things," said Smith. "We made a lot of changes and tried a lot of stuff, but, at the same time, that balance was always there pretty close... It's definitely a good start."

Brendan Gaughan, Sam Hornish and Austin Dillon rounded out the top-five.

Ricky Stenhouse Jr. finished sixth in Saturday night's Nationwide Series finale at Homestead to become Roush Fenway's first back-to-back NASCAR Champion. Stenhouse scored his second Nationwide Series championship in as many seasons, winning by 23 points.

"I think this is a bigger one," said Stenhouse. "The performance was a lot better. It's always special having that first championship, but when you can back it up and go out the next season and be the car to beat - week in and week out - that makes it really special."

It marked RFR's fourth Nationwide Series Championship and its seventh overall driver title in 25 years (Greg Biffle in 2002, Carl Edwards in 2007 and Stenhouse Jr. in 2011).

Final top-10 leaders: 1. Stenhouse-1251, 2. Sadler-1228, 3. A. Dillon-1227, 4. Hornish-1146, 5. Annett-1082, 6. Allgaier-1076, 7. Whitt-994, 8. Bliss-902, 9. Scott-853, 10. Patrick-838.

## CALE GALE GETS FIRST TRUCK WIN

Cale Gale beat Kyle Busch by .014 seconds to win Friday night's truck race at Homestead.

Gale claimed the first victory of his career in a green-white-checkered-flag finish that took the race six laps beyond its scheduled distance of 134 laps. As he and Busch exited the final turn, Gale pinched Busch's No. 18 Toyota against the outside wall, taking the checkered flag by a nose in a shower of sparks.

"I got drove into the fence," Busch said. "That's it. You saw it."

Gale didn't disagree.

"It's not my style, but I knew that, if I could pinch him a little bit, I could get the advantage, and pretty much, that's what I was thinking at that point," Gale said. "A guy like me, it's my first opportunity to come down for the checkered flag in a NASCAR race."

"Kyle's a racer. He's been in the same position I've been in. We've all seen hungry racers get an opportunity and take it. That's what you have to do in this sport. He owes me, but I saw the checkers in the final race. That's all I can say."

"When it comes down to the final straightaway to win at Homestead in the last race, and your first NASCAR win, I believe anybody would do it."

Behind the dramatic race to the checkers, James Buescher rolled to his first series championship, securing the title with a 13th-place run.

In a championship battle that generated little drama until the closing laps -- when rookie Ty Dillon made a last-ditch move -- Buescher

drove a methodical race en route to the title. After Dillon wrecked with two laps left in regulation distance, Buescher finished six points ahead of series runner-up Timothy Peters, who ran eighth.

"Everybody on this team has done a fantastic job," said Buescher, who won four times on the way to the title. "We had a shot at it last year, but we came into this year swinging and did a lot of work over the offseason. It definitely paid off. This is definitely the coolest thing I've ever done in racing."

Final top-10 truck leaders: 1. Buescher-808, 2. Peters-802, 3. Coulter-789, 4. T. Dillon-784, 5. Kligerman-778, 6. Crafton-759, 7. Piquet-747, 8. Lofton-710, 9. Sauter-678, 10. Paludo-668.

NASCAR announced it will hold a Labor Day Truck race at Canadian Tire Motorsport Park in 2013. It will also mark the first time in 13 years that a Truck Series race will take place on a road course. The track is located just outside Fort Erie, Ontario.

Racing Trivia Question: How many Cup championships has Jeff Gordon won?

Last Week's Question: How did Cup driver Ryan Newman earn the nickname, "Rocketman?" Answer: After winning a series high 11 poles in 2003, the news media began to call him "Rocketman."

You may contact the Racing Reporter at [hodges@race500.com](mailto:hodges@race500.com).



# Evangelical Community Hospital Joins Blue Cross of Northeastern PA in Providing Healthcare Option

Evangelical Community Hospital, located in Lewisburg, is now a participating member of First Priority Health, a subsidiary of Blue Cross of Northeastern Pennsylvania, offering even more healthcare options and choice to the plan's participants.

Evangelical offers individuals participating in First Priority Health access to advanced healthcare. From gall bladders and hernia repair to bariatric services and wound care, the wide-range of Evangelical services and specialties are now accessible to individuals in Lycoming County and the surrounding area.

"We are pleased to welcome First Priority participants to Evangelical Community Hospital. We continue to explore new ways to meet the needs of our patients and their families and to expand to reach even more people in need. Participating in First Priority Health means we can make our patient-centered care and services accessible to more individuals and families," said Michael O'Keefe, President and CEO of Evangelical Community Hospital.

First Priority Health participants can now request referrals from their primary care physicians for specialists and services associated with Evangelical Community Hospital. The Hospital's specialists include primary care physicians, pulmonologists, rheumatologists, therapists, and board-certified surgeons at Evangelical Surgical Specialists, who utilize the Hospital's newly expanded operating rooms to perform a full-range of minimally invasive procedures as well as traditional, open procedures.

The Hospital also actively recruits experienced physicians supplying the Susquehanna Valley with specialists trained in innovative procedures and using new technology. Thanks to those efforts, participants have available to them treatments for a variety of issues including balloon sinuplasty for sinus sufferers, catheterization for cardiac and vascular blockages, joint replacement procedures, and more.

For more information on the specialists and services available at Evangelical Community Hospital, visit [www.evanhospital.com](http://www.evanhospital.com) or call our Physician Finder Line at (570)522-2885.

## Sport's Scores

### HIGH SCHOOL

**FOOTBALL**  
Selinsgrove 31, Milton 0

### COLLEGE

**FOOTBALL**  
Bucknell 24, Bryant 21  
**MEN'S BASKETBALL**

Bucknell 88, Niagara 71  
Susquehanna 104, Penn College 50  
Bucknell 62, New Mexico State 49  
King's 44, Susquehanna 43  
Bucknell 69, West Alabama 52  
**WOMEN'S BASKETBALL**  
Saint Francis 63, Bucknell 54  
Cortland 53, Susquehanna 34

## Black Belt Test



These Tae Kwon Do Students, recently achieved the rank of 1st degree Junior Black Belt. They study under David Gemberling at The American Academy of Martial Arts, located in Lewisburg. They are Pierce Edinger, Kira Hackenberg, Kate Watkins and Jack Watkins.

.....  
**"KEEP CHRIST IN CHRISTMAS"**  
**S-A-V-E\* \$\$ \* GAS \* TIME**  
 .....  
 Low Prices & Overflowing Selection  
 Home-Town Friendly Service  
 Where do you find all of this?  
 .....  
*Heavenly Surprises*  
 .....  
**Christian Outlet & Bookstore & More**  
**"On the Square" Middleburg, PA • (570) 837-1837**  
**Tuesday-Friday 10-5; Saturday 10-3**  
**Parking in rear**  
 .....  
 ♦ Willow Tree ♦ Candles ♦ Country Fixins ♦  
 ♦ Special Ordering ♦ Church Supplies ♦  
 .....

## Pennsylvania Whitetail Pursuit

Pennsylvania Whitetail Pursuit began in the Fall of 2011. It was the start of a venture by 10 guys and girls, to accomplish perhaps the hardest collective feat in hunting/filming history. The mission was to create a professional hunting DVD in the realest sense of the word "real". 100% of the season was to be spent in one of the most pressured deer hunting states on the continent, Pennsylvania. The devotion, the frustrations, and the successes all come together into the 90 minute film called "Pennsylvania Whitetail Pursuit". PWP has released its first season with good success and looks for continued success as DVDs hit tradeshow and store shelves. So many PA hunters cannot experience what is portrayed on traditional hunting DVDs. These types of videos are typically filmed in low pressure areas where deer are raised to be older and are not threatened by other hunters because of the size of the property. In PA, the experience is altogether different. Although big bucks can be found, the typical hunter may not get his chance at one every year, or may have to work very hard to shoot even a doe. What PWP portrays is a realistic, humorous, hunting DVD with a local touch that PA hunters all over the state can relate to and enjoy. Season 2 of PWP will be arriving late January of 2013 and will highlight the 2012 bow and gun season of Pennsylvania. 100% PA 100% Wild Fair Chase.

For more information go to [www.pawhitetailpursuit.com](http://www.pawhitetailpursuit.com) or friend us on facebook @ [http://www.facebook.com/?ref=tn\\_tmn#!/](http://www.facebook.com/?ref=tn_tmn#!/) PennsylvaniaWhitetailPursuit.

## Researchers Believe They've Made Progress on Melanoma Treatments

By Joe DeLauter from the Home Instead Senior Care® office serving Central Pennsylvania

Q. I've lived in the same neighborhood for the past 60 years, and my last close friend here died last week after suffering from melanoma. He was 85 – the same age as me. I was out in the sun for all those years in my garden just as he was. Do you know about any treatment for this deadly condition?

We're sorry to hear about your neighbor, and we know this will be a difficult time for you. There is some encouraging news, from a recent study in Canada, about the condition that apparently caused his death. A new target may hold the key to the successful treatment of melanoma, the deadliest skin cancer that primarily targets older men.

Researchers have found a new channel-forming protein called Pannexin (Panx1) that is on the surface of healthy skin cells. Scientists discovered that Panx1 is overproduced to an uncontrolled level in those with melanoma. If Panx1 is reduced or knocked down, the cell becomes more normal.

The recent research by Silvia Penuela and Dale Laird from Western University in London, Ontario, was published in the Journal of Biological Chemistry.

Malignant melanoma accounts for only 4 percent of all skin cancers, and yet it's responsible for 79 percent of skin cancer-related deaths. Dr. Penuela suggested potential treatment might be in the form of a topical medication to use on melanoma lesions.

If you are worried about melanoma, schedule a check-up with your doctor. And remember, if you still like to garden, you can continue to enjoy that hobby by following a few precautions such as making sure you always have on sunscreen and that your skin is covered with light-weight clothing. It also helps to garden during the cooler times of the day.

If you need support for hobbies such as gardening in the summer or finding ways to stay active during the winter months, why not call your local Home Instead Senior Care® office. Home Instead CAREgiversSM – many of whom are seniors themselves – often are matched with older adults of similar interests. Why not check it out?

For more information about Home Instead Senior Care®, contact Joe DeLauter at 866-522-6533 or go to [www.homeinstead.com](http://www.homeinstead.com). For more details about the study, go to [http://communications.uwo.ca/western\\_news/stories/2012/August/new\\_treatment\\_target\\_for\\_melanoma\\_skin\\_cancer.html](http://communications.uwo.ca/western_news/stories/2012/August/new_treatment_target_for_melanoma_skin_cancer.html). The Home Instead Senior Care network's 2012 Family Caregiver Support Web Seminar Series features monthly seminars for family caregivers on a variety of topics that can help them care for their aging loved ones. Learn more about the topics and preregister at [Caregiverstress.com/familyeducation](http://Caregiverstress.com/familyeducation).

**The Little Sportmans Shop LLC.**

**Christmas Special**

**Keystone Sporting Arms Cricket**

Standard .22 Caliber Laminate (Blued Barrel): REG. \$149.99  
 Engraved with youth's name on barrel: REG. \$25.00  
 Black Keystone Gun Case: REG. \$19.99

**Christmas Special Package: \$174.99**

\$194.98 Retail Value! You'll Save \$19.99!  
 Upgrade to Scope and Base: REG. \$53.90 NOW \$42.99  
 \*Orders must be placed prior to December 15th to ensure engraving by Christmas\*

**Pink or Black Synthetic \$99.00**  
 .22 Caliber

Reg. Hours: Tues., Wed., Thurs. 10-6 • Fri. 10-7  
 Sat. 9-4 • Closed Sun. & Mon.

**570-473-8383** **OPEN LATE**  
 1153 Susquehanna Trail Fri., Nov. 23 9-9  
 Northumberland, PA Sat., Nov. 24 9-9  
 (Rt. 147, North of Northumberland) & Sun., Nov. 25 9-5

**CHRISTMAS TREES**  
 FRESH CUT FRASER AND CONCOLOR FIRS  
 UNIQUE HAND-MADE WREATHS

**VINDIG HİVEL FARM**

**\$1.00 Off With This Coupon**

**A UNIQUE CHRISTMAS TREE FARM**  
**Open Fri. Sat. Sun. 10am to 5pm**  
 2140 Hollow Road • Winfield, PA 17889 • Phone 570-743-7743  
 Located between Park Road and Penns Drive

**Kubota**  
**40 YEARS STRONG**  
**SELL-A-BRATION**

**KUBOTA BX SERIES**  
**AMERICA'S TOP-SELLING SUB-COMPACT TRACTOR OF THE DECADE**

**\$0 Down | 0% A.P.R. Financing | 0 Payments\***  
 Up to 60 Months | Until April 2013

**PLUS \$500 Instant Kubota Bucks\*\***  
**OR Instant Kubota Bucks up to \$1,000\*\***

**C.H. Waltz Sons, Inc.**  
**WALTZ**  
 www.chwaltz.com

**C.H. Waltz Sons, Inc.**  
 South of Lewisburg on Route 15  
 Winfield, PA 17889  
 (570) 523-9900

\*\$0 down, 0% A.P.R. financing for terms up to 60 months on purchases of select new Kubota Z, BX, G, L, M, TLB, K080, K09, U, and R Series from available inventory at participating dealers through 12/31/2012. No payments until April 2013. Does not include any payments on taxes, license, title, and registration. Contract balance will spread over the remaining months in the term following the advance period, and payments will vary depending on contract start date. Example: 480 month contract term at 0% A.P.R. will require between 60-61 payments ranging from a minimum of \$17.50 to a maximum of \$19.99 per \$1,000 financed. 0% A.P.R. interest is available to customers who do dealer documentation preparation fee is charged. Dealer charge for document preparation fee shall be in accordance with state laws. Only select Kubota and select Kubota performance-matched Land Pride equipment is eligible. Inclusion of eligible equipment may result in a higher interest A.P.R. Not available for Florida, National Accounts or Governmental customers. 0% A.P.R. and low rate financing may not be available with customer resident rebate (C.I.R.) offers. Financing is available through Kubota Credit Corporation, U.S.A., 3401 Del Amo Blvd., Torrance, CA 90503, subject to credit approval. Some exceptions apply. Offer expires 12/31/2012. See us for details on these and other low-rate options or go to [www.kubota.com](http://www.kubota.com) for more information. \*\*Kubota Bucks instant rebates (C.I.R.) of \$500 and \$1,000 are available on eligible cash, promotional rate or standard rate finance purchases of eligible Kubota tractor or tractor/loader packages through Kubota Tractor Corporation. \$500 C.I.R. applies to promotional rate financing. Financing is available through Kubota Credit Corporation, U.S.A., subject to credit approval. Dealer subtracts rebate from dealer's pre-usable selling price on qualifying purchases. Subject to dealership inventory. Sales to governmental agencies, independent rental centers, and dealer owned rental fleets do not qualify. Some exceptions apply. Customer instant rebates are not available after completed sale. C.I.R. availability ends 12/31/2012. Optional equipment may be shown.



# November Dairy Column

By: Dawn Franck

The leaves have fallen from the trees and there is frost lying heavy in the fields in the morning. The sounds of hunters sighting in their rifles in the distance means it must be November. I'm sure many of you are asking yourself the same question I am...where has the past year gone? My mother always told me the years go by more quickly as we get older and I suppose I am moving into those years faster than I realized. Thanksgiving is approaching and I know my mother will have a feast fit for a king on the table. And you know milk will be included in many of the recipes as well as our glasses. So, if you haven't taken the time recently, give thanks to the military, who continue to protect and defend our nation and our freedom, to family members who love you - for better or worse, in sickness and health, for richer or poorer and our farmers. Without them, we wouldn't have the food by which to nourish and sustain our bodies.

This month, I want to talk about milk, where it comes from and how to keep it at its best after you purchase it.

## Milk Comes From Healthy, Well-fed Cows

America's dairy farmers are committed to providing you and your family with wholesome milk and dairy products. This commitment starts with top-notch animal care. Farmers provide comfortable housing, nutritious feed, preventative health care programs and sanitary milk procedures to keep cows healthy.

## Milk Is Collected and Cooled in a Bulk Tank

Cows respond best to patient, kind handling and regular routine procedures. Farmers milk their cows two or three times a day. The first step in providing you with safe and wholesome milk is by cleaning the cow's udder and teats to keep the milk clean. The milking machine is attached to the cow's teats, and the vacuum of the machine gently squeezes the milk out of the cow's udder.

The milk from the cows flows through sanitized pipelines directly to the bulk milk tank. Here, the milk is quickly cooled to 45°F or lower to keep it fresh. It is then transported to the processing plant in an insulated tanker truck.

## Milk Is Tested, Then Tested Again

Milk and dairy products undergo a number of safety, quality and sanitation procedures, including pasteurization (heating the milk to a high temperature for a short time), making dairy the most highly regulated and safest food available to you.

The dairy industry works with state and federal regulators to monitor and test dairy production, processing and marketing to ensure the safety and wholesomeness of milk and dairy products. Every load of milk shipped from every dairy farm in the United States is tested for quality. Any milk that does not meet federal quality standards is discarded — never to reach your family.

## Handling Milk at Home

You can help keep milk pure and safe at home by following the three "Cs":

- Keep milk CLEAN
- Keep milk COVERED
- Keep milk COLD

## Did You Know?

- Cows eat about 90 pounds of nutritious food each day, which includes approximately 40 pounds of feed and hay and 50 pounds of silage.
- Cows drink 25 to 50 gallons of water each day — nearly a bathtub full of water!
- It takes from five to 10 minutes to milk a cow using a milking machine.
- On many farms, computers are used to keep track of how much milk a cow produces each time she is milked.
- Milk and dairy products are among the safest foods you can eat.

For more information about milk, dairy farming or some fantastic dairy recipes, log onto [www.dairyspot.com](http://www.dairyspot.com)

Looking for something different to make with the Thanksgiving leftovers? This is made with all my favorites and isn't hard to make at all!

## Turkey and Sweet Potato Wrap

- 1 medium onion, finely chopped
- 1 medium sweet potato, peeled and cut into 1/2-inch pieces
- 1 (14-ounce) can low-sodium, reduced-fat chicken broth
- 2 tablespoons diced celery
- 1/2 teaspoon salt, optional
- 1/2 teaspoon sage
- 1/8 teaspoon pepper
- 2 cups boneless cooked turkey, cubed
- 3/4 cup dry stuffing mix
- 8 (10-inch) whole wheat tortillas
- 2 cups shredded reduced-fat CHEDDAR CHEESE
- Sliced jalapeño peppers, for garnish (optional)

In a large saucepan, place onion, sweet potato, chicken broth, celery, salt, sage and pepper. Bring to a simmer, over medium-low heat, and cook 10 minutes or until vegetables are softened.

Stir turkey and stuffing mix into vegetable mixture and heat 5 minutes, stirring frequently or until heated through and mixture has thickened.

Heat 1 tortilla in a dry skillet over medium heat; sprinkle with 1/4 cup of cheese and top with 1/2 cup of the filling. Allow cheese to melt for 10 seconds and remove from skillet. Fold in two opposite edges of tortilla one inch each and roll up. Repeat with remaining tortillas. Place seam side down on serving plate. Top with sliced jalapeño peppers, if desired.

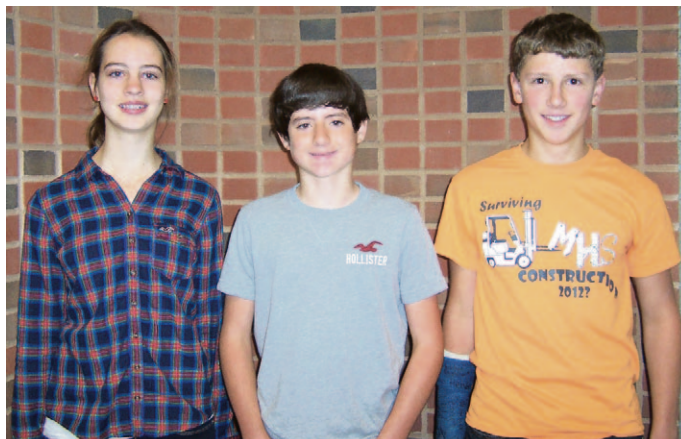
This is another recipe that can be made from ingredients ready available during the fall season. My 7 year old brother is a pumpkin fanatic so my mother is always looking for new ways to keep it interesting for him. She found this one and it is definitely kid tested and approved. Enjoy!

## PUMPKIN-CRANBERRY CORN BREAD

- 2 cups cornmeal (divided)
- 1 1/2 cups white flour
- 4 tsp. baking powder
- 1 tsp. salt
- 1/2 cup brown sugar
- 1/2 cup soft BUTTER
- 2 eggs
- 1 cup pumpkin, canned
- 3/4 cup MILK
- 1/2 cup walnuts
- 1 cup cranberries

Sift 1 cup cornmeal, white flour, baking powder and salt. In large bowl, beat brown sugar, butter and eggs. Stir in the 2 1/2 cups of flour mixture. Add pumpkin, milk, walnuts and cranberries. Add the remaining cup of cornmeal. Put into 2 loaf pans. Bake 1 hour in 350 degree oven. Cool on rack 10 minutes before cutting.

## Students of the Month



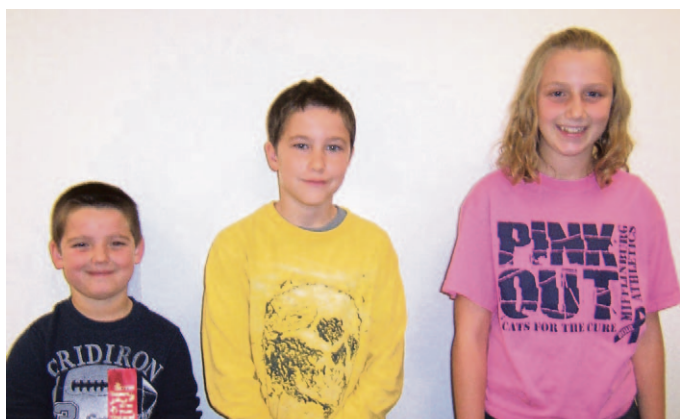
In the picture, left to right: Rebecca Stup, Maxwell Troutman, Andrew Cooney.

The Mifflinburg Area Middle School announces its selections for the P.R.I.D.E. Award for the Student of the Month for October, 2012. Students are selected by their teachers on the criteria of Positive attitude, Respect for others and Regular attendance, Involved in at least one extra-curricular activity, Demonstrate honesty and integrity, and have Enthusiasm for learning. At the Awards Assembly at the end of the school year, each recipient will receive a certificate, cash prize, and Lions Club memento from the Millmont West Union Area Lions Club, the sponsor of the Student of the Month Award.

Rebecca Stup is in Sixth Grade, the daughter of Richard and Melissa Stup. She has two sisters and lives in Mifflinburg. In school her favorite subject is Social Studies. She is a member of the school band, chorus, and art club. She is a member of the 4-H Club, takes lessons in ballet, pointe, and tap, and is active in her church. Other things she likes to do include: reading, drawing, writing short stories, and she raises rabbits. In the future, Rebecca would like to be a veterinarian.

Maxwell Troutman is in Seventh Grade, the son of David and Joanne Troutman. He has one brother and lives in Mifflinburg. Social Studies is his favorite class in school, where he is a member of the Stock Market Club, the ball boy for the Varsity football, and enjoys playing baseball and football. In his spare time, Maxwell enjoys being with his friends, and playing video games.

Andrew Cooney is in Eighth Grade. His parents are David and Marcia Cooney, and he lives in Mifflinburg and has one sister. Gym Class is his favorite subject in school, where he is a member of the National Junior Honor Society. Baseball is his favorite sport, and he enjoys hunting, trapping, and fishing. In the future he plans to go to College.



In the picture, left to right: Jacob Bingaman, Brayden Nogle, Mollie Bomgardner.

The Mifflinburg Area Intermediate School announces its selections for The Lion Cub Award for Student of the Month for October, 2012. Teachers select students who are respectful, hard-working and positive leaders in their classrooms. At the Awards Assembly at the end of the school year, each recipient will receive a certificate, cash prize, and Lions Club memento from the Millmont West Union Area Lions Club, the sponsor of the Student of the Month Award.

Jacob Bingaman is in third grade, the son of Keith and Jen Bingaman. He has one sister and one brother and lives in Mifflinburg. Gym is his favorite class in school. He is a big fan of football. He enjoys watching it and playing it. He also likes to play soccer. In the future, Jacob hopes to be a professional football player.

Brayden Nogle is in fourth grade. His parents are David Noble and Melanie Page. He has one sister and lives in Mifflinburg. Gym is his favorite class, and he also enjoys Math, art, and library. He enjoys playing and watching football, and also likes to go fishing and play baseball. In the future, Brayden would like to be a football player.

Mollie Bomgardner is in fifth grade, the daughter of Daryl and Carrie Bomgardner. She has two brothers and lives in Mifflinburg. Library is her favorite time at school. She is in the school band, and also in 4-H Club. She enjoys soccer and basketball, and also Mollie likes to read and go bike-riding.

## Slifer House Museum Hosts Two Holiday Events

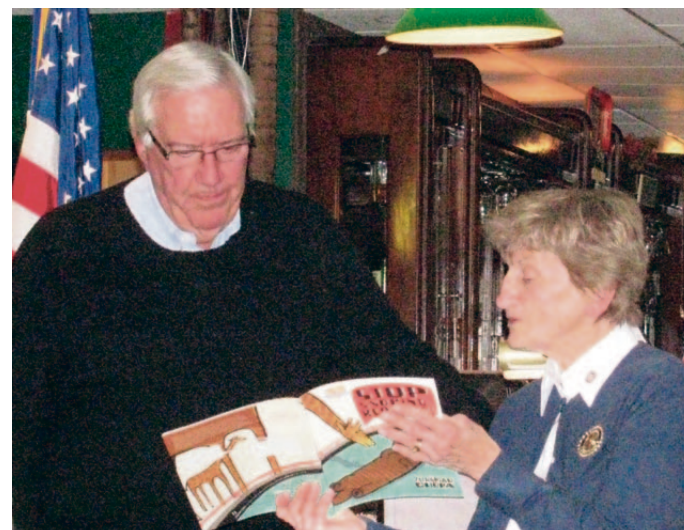
Slifer House Museum will be hosting two holiday events including a Holiday Soiree from 7 to 9 p.m. Sunday, Dec. 9 and Children's Holiday with Arts from 1 to 3 p.m. Saturday, Dec. 15. Both events will be held at the museum located on the campus of RiverWoods, 80 Magnolia Drive.

Celebrate the holidays in Victorian tradition with live music, caroling, hors d'oeuvres, and display of antique Christmas ornaments including a special exhibit during the Holiday Soiree. Cost is \$10/per person.

Children ages 5 and up are welcome to join the museum for Children's Holiday with Arts which will include crafts, refreshments, music, and a story. Parents are encouraged to join the festivities. A donation of \$15 is asked to defray costs and reserve seating.

Reservations for the events can be made by calling the museum at 524-2245.

## Lewisburg Sunset Rotary Club News



Attorney Graham Showalter, of Lewisburg, shares his passion for his community at a presentation held during vocational service month for the Lewisburg Sunset Rotary. Pictured with Mr Showalter is club president, Irene Henninger. We would also like to have the following in the paper every week as well:

The Lewisburg Sunset Rotary Club meets on Mondays at 5:30 PM, Puirseil's Irish Pub, 17 South Sixth Street, in Lewisburg. Business, professional and community-minded individuals are invited to attend a meeting and learn more about Rotary.

## Craftsmen's Series Debut a Success



TOP: Union County craftsmen pictured together at the Penns Creek Pottery helping launch the Union County Bicentennial series of handcrafted Bicentennial wares. Left to right: wood worker Mark Cromley, tinsmith Scott Baylor, and wood worker Pete Wertman. BOTTOM: The hands of Union County tinsmith Scott Baylor fashioning a tin berry bucket at the Penns Creek Pottery craftsmen debut for the Union County Bicentennial.

Union County's Bicentennial Committee reports that the debut of their commemorative items designed by local craftsmen was well received at a recent event held Saturday, November 3rd at the Penns Creek Pottery. This was the first official event of the Union County Bicentennial and was part of the annual Jack's Mountain holiday sales event that features the Penns Creek Pottery and Shade Mountain Winery.

Local tinsmith Scott Baylor cut, rolled, and crimped tin using patterns from Samuel H. Bingaman's 1800 shop in Laurelton to make berry buckets. Twelve of the limited edition of 50 were sold. "Wooden rolling pins and potato mashers that are just like my grandmother's," according to Pete Wertman of the Buffalo Valley Antique Machinery Association, were turned on antique lathes from native Pennsylvania ash and were essentially sold out. And, if you needed flour for pastry rolling, the Bicentennial effort was also peddling unbleached pastry flour and roasted cornmeal from Grove's Mill, Union County's only remaining operating gristmill established by John Baer in 1784. Jessica Gill of the Pompeii Soap Company of Mifflinburg was also on hand telling about her locally-crafted scented goat's milk soap (complete with a souvenir Bicentennial wrap).

The crafts of other local artists were also represented. Pat Hess's Colonial Candlecrafters Pennsylvania's woodland scented candles were featured in red and green holiday colors with the corresponding trademark red and green of the official Bicentennial logo designed by local artist Elaine Schmit. Iron hearth and kitchen utensils including spatulas, ladles, tasting spoons, and forks forged by William Clemens of New Columbia marked with dates were available. Woven queen sized coverlets and crib quilts by Family Heirloom Weavers of Red Lion, Pennsylvania were presented in a traditional pattern and colors similar to those used by Mifflinburg's celebrated Gutelius family weavers. Among the most purchased items were the designed and dated stoneware pitchers, mugs, crocks, spoon rests and colanders created by the talented potters at Penns Creek Pottery.

Bill and Sharon Lynch, owners of the Pottery, hosted the event in coordination with their annual Jack's Mountain fall holiday sale. "The old mill was a perfect setting for our historical commemoratives. We are grateful for the Lynch's hospitality," said Commissioner John Showers. "The Lynch's have agreed to sell the Bicentennial pottery at Penns Creek Pottery on a continuing basis through 2013. In the coming weeks, items will also be available for purchase at the Union County Government Center on North Fifteenth Street in Lewisburg, on line at the Bicentennial website (UnionCounty200.com), and at the Elias Church in Mifflinburg during the Christkindl Market (December 13-15)." Showers continued. Nada Gray, Bicentennial Committee co-chair urged, "Add these unique items to your holiday shopping list. They will be collectibles." For further information on Bicentennial activities visit the Bicentennial website at UnionCounty200.com.

**Fabulous Formals by Laurejana**  
Bridal, Prom & Special Occasion Boutique  
Rt. 522, McClure, PA ~ 570-658-7379

**Saturday, November 24, 9am-6pm**

**Bridal Blowout Sale**  
40% OFF  
Everything in Stock  
Includes weddings, social occasions, proms & clearance formals.

*One day Only!*  
(making room for new inventory)

**The Village Merchants**  
is having their  
Annual Christmas Open House  
December 1st, 2012  
Wheels Radio Station will be here. There will be door prizes throughout the day, as well as free refreshments. For the little ones, **Santa will be here from 10 am until 2 pm.** On November 30th and December 1st there will be an indoor yard sale/flea market in the upstairs auction house. This will include many new items suitable for gift giving, as well as used items. There will also be fresh baked good and homemade treats for sale!

So Come On Out And Get In The Christmas Spirit With The Village Merchants!

3474 Sand Valley Rd. Richfield, Pa  
**717-694-9200**

**KERN RUN CRAFTS**  
"The Primitive Place"  
453 Brick Plant Road, Beavertown  
Ph./Fax: 570-658-4322

Join Us For Our Annual... **COOKIE DAY!**  
**Sat. Dec. 1st, 9-4**

It's the most wonderful time of the year. Feel the magic of an "Old Fashion Christmas" at Kern Run. Winter Fixins' and "Needful Things" for Holiday Decorating and Gift Giving. Snowman lovers paradise! Gift Certificates available.

**Holiday Hours: Tues-Fri. 10-5 Sat. 9-4, Open Monday, Nov 26 for Lonely Ladies Day.**  
Follow us on Facebook for latest happenings